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BetterLife Holding Limited 百得利控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 6909)

INSIDE INFORMATION POSSIBLE DELAY IN PUBLICATION OF THE 2023 INTERIM RESULTS

This announcement is made by BetterLife Holding Limited (the "**Company**", together with its subsidiaries, the "**Group**") pursuant to the Rule 13.09 of the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited (the "Listing Rules") and Inside Information Provisions (as defined in the Listing Rules) under Part XIVA of the Securities and Futures Ordinance (Chapter 571 of the Laws of Hong Kong).

POSSIBLE DELAY IN PUBLICATION OF THE 2023 INTERIM RESULTS

The board (the "**Board**") of directors (the "**Directors**") of the Company wishes to inform the shareholders of the Company (the "**Shareholders**") that there may be a delay in the release of the unaudited interim results for the six months ended 30 June 2023 (the "**2023 Interim Results**") as additional time is required for the review procedures in connection with the 2023 Interim Results to be completed in the circumstances as set out below.

Mr. Chou Patrick Hsiao-Po ("Mr. Chou"), the chairman, executive Director and chief executive officer of the Company, has taken leave from his work at the Group since the end of June 2023. As informed by Mr. Chou's family, Mr. Chou has not been available to attend to the Group's affairs due to his health conditions. To the extent necessary to perform their day-to-day work, the management of the Group has been communicating with and taking instructions from Mr. Chou through his family, but has had no direct contact with Mr. Chou to confirm his status. As at the date of this announcement, other than the possible delay in the release of the 2023 Interim Results as detailed below, the management is not aware of any material impact of Mr. Chou's absence on the Group's operations.

As part of the preparation and review of the 2023 Interim Results, certain procedures involving Mr. Chou could not be completed without his direct, in-person participation (including attending any interview with the external auditor). As a result, neither the audit committee nor the external auditor of the Company is in a position to report on their review of the 2023 Interim Results and it is expected that the Company may not be able to publish the 2023 Interim Results on or before 31 August 2023. The Company will continue to liaise with Mr. Chou and his family for his cooperation in this regard, and will publish the 2023 Interim Results as soon as possible after the review of the 2023 Interim Results as soon as possible after the review of the 2023 Interim Results.

Pursuant to Rules 13.49(6) of the Listing Rules, the Company is required to publish the 2023 Interim Results on a date not later than two months after the end of that period of six months, i.e. not later than 31 August 2023. The possible delay in publication of the 2023 Interim Results if materialised, will constitute non-compliance of Rules 13.49(6) of the Listing Rules.

The Company will publish further announcement(s) to inform the Shareholders of (i) the date of the meeting of the Board to consider and approve the 2023 Interim Results; (ii) the date of the release of the 2023 Interim Results; and (iii) any material development as and when appropriate.

SUSPENSION OF TRADING

Pursuant to Rule 13.50 of the Listing Rules, The Stock Exchange of Hong Kong Limited (the "**Stock Exchange**") will normally require suspension of trading in an issuer's securities if an issuer fails to publish periodic financial information in accordance with the Listing Rules, and the suspension will normally remain in force until the issuer publishes an announcement containing the requisite financial information. Accordingly, trading in the shares of the Company on the Stock Exchange is currently expected to be suspended with effect from 9:00 a.m. on 1 September 2023 until the publication of the announcement in relation to the 2023 Interim Results by the Company.

Shareholders and potential investors should exercise caution when dealing in the securities of the Company.

By Order of the Board BetterLife Holding Limited Chau Kwok Keung Company Secretary

Hong Kong, 24 August 2023

As at the date of this announcement, the executive Directors are Mr. Chou Patrick Hsiao-Po, Ms. Sun Jing, Mr. Xu Tao and Mr. Chau Kwok Keung, and the independent non-executive Directors are Mr. Liu Dengqing, Mr. Wong Ka Kit and Mr. Yau Ka Chi.

This announcement is available for viewing on the Company's website at www.blchina.com and the website of The Stock Exchange of Hong Kong Limited at www.hkexnews.hk.