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BetterLife Holding Limited
百得利控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 6909)

**RESIGNATION OF EXECUTIVE DIRECTOR AND
CHIEF FINANCIAL OFFICER;
AND CHANGE OF COMPANY SECRETARY AND
AUTHORISED REPRESENTATIVE**

The board (the “**Board**”) of directors (the “**Directors**” and each a “**Director**”) of BetterLife Holding Limited (the “**Company**”) hereby announces that, with effect from 14 January 2024, Mr. Chau Kwok Keung (鄒國強先生) (“**Mr. Chau**”) has resigned as an executive Director, the company secretary (the “**Company Secretary**”), an authorised representative of the Company (the “**Authorised Representative**”) under Rule 3.05 of the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited (the “**Stock Exchange**”) and the chief financial officer of the Company due to family consideration and other professional endeavours.

Mr. Chau has confirmed that he does not have any disagreement with the Board and there are no matters in relation to his resignation that need to be brought to the attention of the shareholders of the Company and the Stock Exchange.

Following Mr. Chau’s resignation as the Company Secretary and Authorised Representative, the Board is pleased to announce that Mr. Leung Chi Kit (梁志傑先生) (“**Mr. Leung**”) has been appointed as the Company Secretary and Authorised Representative with effect from 14 January 2024.

The biographical details of Mr. Leung are set out below:

Mr. Leung Chi Kit, a manager of the Listing Services Department of TMF Hong Kong Limited (a global corporate services provider), has more than 10 years of experience in company secretarial field. He obtained a bachelor's degree in Accounting and Marketing in 2004. Mr. Leung is also an associate member of The Hong Kong Chartered Governance Institute and The Chartered Governance Institute in the United Kingdom.

The Board expresses its sincere gratitude to Mr. Chau for his valuable contributions to the Company during his tenure of office and extend its warm welcome to Mr. Leung for his new appointments.

By order of the Board
BetterLife Holding Limited
Chou Patrick Hsiao-Po
Chairman, Chief Executive Officer and Executive Director

Hong Kong, 14 January 2024

As at the date of this announcement, the executive Directors are Mr. Chou Patrick Hsiao-Po, Ms. Sun Jing and Mr. Xu Tao, and the independent non-executive Directors are Mr. Liu Dengqing, Mr. Lou Sai Tong and Mr. Wong Ka Kit.

This announcement is available for viewing on the Company's website at www.blchina.com and the website of the Stock Exchange at www.hkexnews.hk.