



传递爱的力量 · 让健康更简单

**160 Health International Limited**  
**健康 160 国际有限公司**

(Incorporated in the Cayman Islands with limited liability)  
(於開曼群島註冊成立之有限公司)  
(Stock Code 股份代號: 2656)

25 September 2025

Dear Registered Shareholder(s),

**Arrangement of Electronic Dissemination of Corporate Communications**

Pursuant to Rule 2.07A of the Rules Governing The Listing of Securities on The Stock Exchange of Hong Kong Limited (the “**Listing Rules**”) under the expansion of paperless listing regime and electronic dissemination of corporate communications that came into effect on 31 December 2023, 160 Health International Limited (the “**Company**”) is writing to inform you that the Company has adopted electronic dissemination of corporate communications (the “**Corporate Communications**”), which mean any documents issued or to be issued by the Company for the information or action of holders of any of its securities, including but not limited to (a) the directors’ report, its annual accounts together with a copy of the auditors’ report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; and (f) a proxy form.

Please note that both the English and Chinese versions of all future Corporate Communications will be available electronically on the website of the Company at [www.91160.com](http://www.91160.com) and the HKEXnews website at [www.hkexnews.hk](http://www.hkexnews.hk) in place of printed copies.

**Solicitation of electronic contact details**

To ensure timely receipt of the Actionable Corporate Communications<sup>(Note)</sup>, the Company recommends you to provide your email address by scanning your personalized QR code printed on the enclosed reply form (the “**Reply Form**”) on the reverse side of this letter. Alternatively, you may sign and return the Reply Form to the Company’s Hong Kong share registrar (the “**Share Registrar**”), Computershare Hong Kong Investor Services Limited, at 17M Floor, Hopewell Centre, 183 Queen’s Road East, Wan Chai, Hong Kong.

**If the Company does not receive a functional email address in your reply, until such time that the functional email address is provided to the Share Registrar, the Company will send the Actionable Corporate Communications<sup>(Note)</sup> in printed form in the future.**

If you want to receive the Corporate Communications (including Actionable Corporate Communications<sup>(Note)</sup>) in printed form, please complete and return the Reply Form on the reverse side of this letter to the Share Registrar or send an email to [160health.ecom@computershare.com.hk](mailto:160health.ecom@computershare.com.hk) specifying your name, address and request to receive the Corporate Communications in printed form. Please note that such instruction shall be valid for one year starting from the receipt date of your instruction unless being revoked or superseded (whichever is earlier) and will expire thereafter.

Should you have any queries relating to this letter, please contact the Share Registrar at (852) 2862 8555 during business hours from 9:00 a.m. to 6:00 p.m. (Hong Kong time), Mondays to Fridays, excluding Hong Kong public holidays.

Yours faithfully,  
By order of the Board  
**160 Health International Limited**  
**Mr. LUO Ningzheng**  
Chairman of the Board, Executive Director  
and Chief Executive Officer

*Note: Actionable Corporate Communication is any corporate communication that seeks instructions from issuer’s securities holders on how they wish to exercise their rights or make an election as the issuer’s securities holder.*

各位登記股東：

**以電子方式發佈公司通訊之安排**

根據自 2023 年 12 月 31 日起生效的擴大無紙化上市機制及以電子方式發佈公司通訊規定下香港聯合交易所有限公司證券上市規則（「**上市規則**」）第 2.07A 條，健康 160 国际有限公司（「**公司**」）謹此通知 閣下，公司已採用以電子方式發佈公司通訊（「**公司通訊**」）之安排，該公司通訊是指公司為向其任何證券持有人提供資訊或提醒其採取行動而發佈或將要發佈的任何文件，其中包括但不限於(a) 董事會報告、發行人的年度賬目連同核數師報告以及（如適用）財務摘要報告；(b) 中期報告及（如適用）其中期報告摘要；(c) 會議通告；(d) 上市文件；(e) 通函；和 (f) 委任表格。

請注意，所有未來公司通訊的英文版和中文版將在公司網站 [www.91160.com](http://www.91160.com) 和披露易網站 [www.hkexnews.hk](http://www.hkexnews.hk) 上以電子方式提供，以代替印刷本。

**徵集電子聯絡資料**

為確保及時收到可供採取行動的公司通訊<sup>(附註)</sup>，公司建議 閣下透過掃描本函背頁之回條（「**回條**」）上列印的 閣下專屬二維碼來提供 閣下的電郵地址。或者， 閣下也可以簽署回條並交回公司的香港股份過戶登記處（「**股份過戶處**」）香港中央證券登記有限公司，地址為香港灣仔皇后大道東 183 號合和中心 17M 樓。

**如果公司沒有收到 閣下的有效電郵地址，直至股份過戶處收到 閣下有效的電郵地址前，公司未來將以印刷本形式發送可供採取行動的公司通訊<sup>(附註)</sup>。**

若 閣下希望收取公司通訊（包括可供採取行動的公司通訊<sup>(附註)</sup>）之印刷版，請填妥本函背頁之回條並交回股份過戶處，或發送電子郵件至 [160health.ecom@computershare.com.hk](mailto:160health.ecom@computershare.com.hk)，並註明 閣下的姓名、地址以及收取公司通訊印刷版的要求。請注意，收取未來公司通訊印刷版之指示由收悉 閣下指示當日起計一年內有效，除非被撤銷或取代（以較早者為準），此後將過期。

如 閣下對本函有任何疑問，請於辦公時間星期一至五（香港公眾假期除外）上午 9 時正至下午 6 時正（香港時間）期間致電股份過戶處 (852) 2862 8555 查詢。

承董事會命  
**健康 160 国际有限公司**  
董事長、執行董事兼首席執行官  
**羅寧政先生**

2025 年 9 月 25 日

附註：可供採取行動的公司通訊指任何涉及要求發行人的證券持有人指示其擬如何行使其有關證券持有人的權利或作出選擇的公司通訊。



當閣下寄回此回條時，請將郵寄標籤剪貼於信封上。  
如在本港投寄，閣下無需支付郵費或貼上郵票。