

传递爱的力量・让健康更简单

160 Health International Limited

健康 160 国际有限公司

(Incorporated in the Cayman Islands with limited liability) (於開曼群島註冊成立之有限公司) (Stock Code 股份代號: 2656)

Dear Registered Shareholder(s),

25 September 2025

Arrangement of Electronic Dissemination of Corporate Communications

Pursuant to Rule 2.07A of the Rules Governing The Listing of Securities on The Stock Exchange of Hong Kong Limited (the "Listing Rules") under the expansion of paperless listing regime and electronic dissemination of corporate communications that came into effect on 31 December 2023, 160 Health International Limited (the "Company") is writing to inform you that the Company has adopted electronic dissemination of corporate communications (the "Corporate Communications"), which mean any documents issued or to be issued by the Company for the information or action of holders of any of its securities, including but not limited to (a) the directors' report, its annual accounts together with a copy of the auditors' report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; and (f) a proxy form.

Please note that both the English and Chinese versions of all future Corporate Communications will be available electronically on the website of the Company at www.91160.com and the HKEXnews website at www.hkexnews.hk in place of printed copies.

Solicitation of electronic contact details

To ensure timely receipt of the Actionable Corporate Communications (*Note*), the Company recommends you to provide your email address by scanning your personalized QR code printed on the enclosed reply form (the "**Reply Form**") on the reverse side of this letter. Alternatively, you may sign and return the Reply Form to the Company's Hong Kong share registrar (the "**Share Registrar**"), Computershare Hong Kong Investor Services Limited, at 17M Floor, Hopewell Centre, 183 Queen's Road East, Wan Chai, Hong Kong.

If the Company does not receive a functional email address in your reply, until such time that the functional email address is provided to the Share Registrar, the Company will send the Actionable Corporate Communications (Note) in printed form in the future.

If you want to receive the Corporate Communications (including Actionable Corporate Communications^(Note)) in printed form, please complete and return the Reply Form on the reverse side of this letter to the Share Registrar or send an email to 160health.ecom@computershare.com.hk specifying your name, address and request to receive the Corporate Communications in printed form. Please note that such instruction shall be valid for one year starting from the receipt date of your instruction unless being revoked or superseded (whichever is earlier) and will expire thereafter.

Should you have any queries relating to this letter, please contact the Share Registrar at (852) 2862 8555 during business hours from 9:00 a.m. to 6:00 p.m. (Hong Kong time), Mondays to Fridays, excluding Hong Kong public holidays.

Yours faithfully,
By order of the Board
160 Health International Limited
Mr. LUO Ningzheng

Chairman of the Board, Executive Director and Chief Executive Officer

Note: Actionable Corporate Communication is any corporate communication that seeks instructions from issuer's securities holders on how they wish to exercise their rights or make an election as the issuer's securities holder.

各位登記股東:

以電子方式發佈公司通訊之安排

根據自 2023 年 12 月 31 日起生效的擴大無紙化上市機制及以電子方式發佈公司通訊規定下香港聯合交易所有限公司證券上市規則(「**上市規則**」)第 2.07A 條,健康 160 国际有限公司(「**公司**」) 謹此通知 閣下,公司已採用以電子方式發佈公司通訊(「**公司通訊**」)之安排,該公司通訊是指公司為向其任何證券持有人提供資訊或提醒其採取行動而發佈或將要發佈的任何文件,其中包括但不限於(a) 董事會報告、發行人的年度賬目連同核數師報告以及(如適用)財務摘要報告; (b) 中期報告及(如適用)其中期報告摘要; (c) 會議通告; (d) 上市文件; (e) 通函; 和 (f) 委任表格。

請注意,所有未來公司通訊的英文版和中文版將在公司網站 www.91160.com 和披露易網站 www.hkexnews.hk 上以電子方式提供,以代替印刷本。

徵集電子聯絡資料

為確保及時收到可供採取行動的公司通訊^(開註),公司建議 閣下透過掃描本函背頁之回條(「**回條**」)上列印的 閣下專屬二維碼來提供 閣下的電郵地址。 或者, 閣下也可以簽署回條並交回公司的香港股份過戶登記處(「**股份過戶處**」)香港中央證券登記有限公司,地址為香港灣仔皇后大道東 183 號合和中心 17M 樓。

如果公司沒有收到 閣下的有效電郵地址,直至股份過戶處收到 閣下有效的電郵地址前,公司未來將以印刷本形式發送可供採取行動的公司通訊 ^(#)。

若 閣下希望收取公司通訊(包括可供採取行動的公司通訊^(開建))之印刷版,請填妥本函背頁之回條並交回股份過戶處,或發送電子郵件至 160health.ecom@computershare.com.hk,並註明 閣下的姓名、地址以及收取公司通訊印刷版的要求。 請注意,收取未來公司通訊印刷版之指示由收 悉 閣下指示當日起計一年內有效,除非被撤銷或取代(以較早者為準),此後將過期。

如 閣下對本函件有任何疑問,請於辦公時間星期一至五(香港公眾假期除外)上午9時正至下午6時正(香港時間)期間致電股份過戶處 (852)2862 8555 查詢。

承董事會命 健康 160 国际有限公司 董事長、執行董事兼首席執行官 羅寧政先生

2025年9月25日

REPLY FORM 回條		
To: Computershare Hong Kong Investor Ser (the "Share Registrar") 17M Floor, Hopewell Centre 183 Queen's Road East, Wan Chai, Hong (Please choose ONLY ONE of the options below) (請從以下選項中只選擇其中一項)	Kong	: 香港中央證券登記有限公司 (「股份過戶處」) 香港灣仔皇后大道東 183 號 合和中心 17M 樓
Option 1: Provide your email address for receipt of future Actionable Corporate Communications (Note 3) of the Company via electronic dissemination by scanning vour personalized QR Code 選項 1: 掃描 閣下專屬二維碼提供 閣下之電郵地址,以接收公司通過電子方式 發佈可供採取行動的未來公司通訊 (附註 3) You are NOT required to return this Reply Form if you choose Option 1.		
如選擇了選項 1 · 閣下無須交回本回條。		
Option 2: I/we hereby provide my/our email address in writing for receipt of future Actionable Corporate Communications (Note 3) of the following listed company (the "Company") via electronic dissemination 選項 2: 本人/吾等現以書面提供本人/吾等之電子郵件地址・以確保收到以下上市公司(「公司」)通過電子方式發佈的可供採取行動的未來公司通訊 (附註3) Name of securities holder(s) 證券持有人姓名: Name of the listed company 上市公司名稱: 160 Health International Limited 健康 160 国际有限公司		
Email address 電郵地址: (Notes 3 / 附註 3)		
Option 3: I/we hereby request for receipt of Corporate Communications* in printed form (Please mark "✓" in the below box if applicable) 選項 3: 本人/吾等現要求收取公司通訊*印刷版 (如適用・請在以下方格內劃上「✓」號) Noted that the instruction to receive future Corporate Communications* in printed copy is valid only for one year starting from the receipt date of instruction unless being revoked or superseded (whichever is earlier). (Note 5) 已知悉收取未來公司通訊*的印刷本的指示由收取指示日期起計一年內有效・除非被撤銷或取代(以較早者為準)。(附註5) □ Printed English version 英文印刷本 □ Printed English and Chinese versions 中、英文印刷本		
Signature(s): ^(Note 1) 簽名: ^(解註 1)	Contact number: 聯絡電話號碼:	Date: 日期:
Notes 附註: 1. Please complete all your details clearly. If your shares are l 善達本情文 開下之所有資料。而屬應文解亩,則木同條須	held in joint names, all of the joint shareholders should jointly s 5山所有雕名縣曺雕合篆聖,方为有效。	sign this Reply Form in order to be valid.

PERSONAL INFORMATION COLLECTION STATEMENT 收集個人資料聲明

11-11 地球時以上地面11・ 4. If you provide more than one email address by QR code, email, reply form and/or other means, only the latest one email address provided will be registered. 如 關下通過二維碼。電影 「回線及/或其他方式提供多於一個的電子都件地址、只有 關下最後提供的電影地址將會被用於登記。 5. If you mark "\$\sqrt{*} in the box in Option 3, no email address will be registered and only Corporations" in printed form will be received. 如 關下在獎項 3 方格內劃上「*\sqrt{*}」號,將不會有電郵地址被登記,只有公司通訊*的印刷版會被收取。

6. For the avoidance of doubt, the Company does not accept any other instructions given on this Reply Form. 為兔存髮,在本回條上的任何顏外指示,公司將不予處理。

収集個人資料聲明

(i) "Personal Data in this statement has the same meaning as "personal data" in the Personal Data (Privacy) Ordinance, Chapter 486 of the Laws of Hong Kong ("PDPO"). 本登明中所指的 「個人資料」與香港法例第 486 章 (個人資料 (私職)條例)(「私職機例)」)中「個人資料」的涵義相同。

(ii) Your Personal Data provided in this Reply Form will be used in connection with, including but not limited to, the Company's electronic dissemination of Corporate Communications and to liaise with you on other matters relating to your holdings in the Company. Your supply of Personal Data to the Company is on a voluntary basis. In case of a failure to provide sufficient information, the Company may not be able to process your instruction and/or request as stated in this Reply Form.

副下於本回條所提供的個人資料・若關下未能提供足夠資料・本公司可能無法選集 圖下任本回條上所述的指示反点要求。

(iii) Your Personal Data may be disclosed or transferred by the Company to its subsidiaries, the Share Registrar, and/or other companies or bodies for any of the stated purposes, or when it is required to do so by law and will be retained for such period as may be necessary for our verification and record purposes.

△云司动机任何所說的问题表述无法仍然定的循环下,將 關下的個人資料經藏或轉移給公司的附屬公司、股份過戶處、及/或其他公司或團體・並將在適當期間保留該等個人資料作核實及紀錄用途。

(iv) You have the right to request access to and/or correction of your Personal Data in accordance with the provisions of the PDPO. Any such request for access to and/or correction of your Personal Data should be in writing, by mail to the Hong Kong Privacy Officer of the Share Registrar at 17M Floor, Hopewell Centre, 183 Queen's Road East, Wan Chai, Hong Kong or by email at PrivacyOfficer(computershare.com.hk.*

調河走現女 阁下之州为資料,別屬總名故東、即本回際東田川为锡布总東等百數者,乃希邦效。

2. Any Reply Form with no signature or otherwise incorrectly completed will be void.
任何回嫁若未有養書或在其他方面填寫不正確,即本回條蔣會作廢。

3. If the Company does not receive a functional email address in your reply, the Company will send the Actionable Corporate Communications in printed form in the future. Actionable Corporate Communication that seeks instructions from issuer's securities holders on how they wish to exercise their rights or make an election as the issuer's securities holder.

如公司沒有收到 阁下的有效電子郵件地址。本公司將以印刷本形式發送可供採取行動的未來公司通訊。可供採取行動的公司通訊指任何涉及要求發行人的證券持有人指示其擬如何行使其有關證券持有人的權利或作出選擇的公司通訊

Mailing Label 郵寄標籤

No postage is necessary if posted in Hong Kong.

香港中央證券登記有限公司 Freepost No. 簡便回郵號碼:37 Hong Kong 香港