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TOWN HEALTH INTERNATIONAL HOLDINGS COMPANY LIMITED

康健國際控股有限公司

(incorporated in the Cayman Islands with limited liability)

(Stock Code: 8138)

NOTICE OF BOARD MEETING

The board of directors (the “Board”) of Town Health International Holdings Company Limited (the “Company”) hereby announces that a meeting of the Board will be held at Shop No. 37, Level 3, Hilton Plaza Commercial Centre, 3-9 Shatin Centre Street, New Territories, Hong Kong on 11 August 2008 at 4:00 p.m. for the following purposes:

- (1) To consider and approve the unaudited quarterly results of the Company and its subsidiaries for the three months ended 30 June 2008 and approve the draft announcement of the results to be published on the GEM website and the Company’s website;
- (2) To consider the payment of dividend, if any;
- (3) To consider the closure of the Register of Members, if necessary; and
- (4) To transact any other business.

By order of the Board of
Town Health International Holdings Company Limited
Choi Ka Yee, Crystal
Chairman

Hong Kong, 30 July 2008

As at the date of this announcement, the executive directors of the Company are Miss Choi Ka Yee, Crystal, Dr. Cho Kwai Chee, Mr. Cho Kwai Yee, Kevin, Dr. Fung Yiu Tong, Bennet and Dr. Ronnie Hui Ka Wah JP, the non-executive director of the Company is Dr. Choi Chee Ming JP, and the independent non-executive directors of the Company are Mr. Chan Kam Chiu, Mr. Wai Kwok Hung JP and Mr. Ho Kwok Wah, George.

This announcement, for which the directors of the Company collectively and individually accept full responsibility, includes particulars given in compliance with the Rules Governing the Listing of Securities on the Growth Enterprise Market of the Stock Exchange of Hong Kong Limited for the purpose of giving information with regard to the Company. The directors, having made all reasonable enquiries, confirm that, to the best of their knowledge and belief: (1) the information contained in this announcement is accurate and complete in all material respects and not misleading; (2) there are no other matters the omission of which would make any statement in this announcement misleading; and (3) all opinions expressed in this announcement have been arrived at after due and careful consideration and are founded on bases and assumptions that are fair and reasonable.

This announcement will remain on the GEM website at <http://www.hkgem.com> on the “Latest Company Announcements” page for at least 7 days from the day of its posting and on the website of the Company at <http://www.townhealth.com>.