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BAMBOOS HEALTH CARE HOLDINGS LIMITED

百本醫護控股有限公司

(Incorporated in the Cayman Islands with limited liability)
(Stock code: 8216)

DATE OF BOARD MEETING

The board of directors (the "**Board**") of Bamboos Health Care Holdings Limited (the "**Company**") announces that a meeting of the Board will be held on Tuesday, 8 November 2016 for the purposes of, among other matters, considering and approving the unaudited consolidated financial results of the Company and its subsidiaries for the three months ended 30 September 2016 for publication and considering the payment of an interim dividend, if any.

By Order of the Board **Bamboos Health Care Holdings Limited Kwan Chi Hong**

Chairman

Hong Kong, 25 October 2016

As at the date of this announcement, the Board comprises two executive directors, namely, Mr Kwan Chi Hong (Chairman) and Ms Hai Hiu Chu (Chief Executive Officer); one non-executive director, namely, Mr Wong Kam Pui; and three independent non-executive directors, namely, Mr Lam Cheung Wai, Dr Luk Yim Fai and Dr Leung Yu Lung.

This announcement, for which the directors (the "Directors") of the Company collectively and individually accept full responsibility, includes particulars given in compliance with the Rules Governing the Listing of Securities on the Growth Enterprise Market (the "GEM") of The Stock Exchange of Hong Kong Limited for the purpose of giving information with regard to the Company. The Directors, having made all reasonable enquiries, confirm that, to the best of their knowledge and belief, the information contained in this announcement is accurate and complete in all material respects and not misleading or deceptive, and there are no other matters the omission of which would make any statement in this announcement misleading.

This announcement will remain on the "Latest Company Announcements" page of the GEM website at www.hkgem.com for at least 7 days from the date of its posting. This announcement will also be posted on the Company's website at www.bamboos.com.hk.