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**LIFE CONCEPTS**

**Life Concepts Holdings Limited**

**生活概念控股有限公司**

*(Incorporated in the Cayman Islands with limited liability)*

**(Stock Code: 8056)**

## **DATE OF BOARD MEETING**

Life Concepts Holdings Limited (the “**Company**”) announces that a meeting of the board of directors of the Company (the “**Directors**”) will be held on Tuesday, 13 August 2019 for the purposes of, among other matters, considering and approving the unaudited consolidated financial results of the Company and its subsidiaries for the three months ended 30 June 2019 for publication and considering the declaration of a dividend, if any.

For and on behalf of  
**Life Concepts Holdings Limited**  
**James Fu Bin Lu**  
*Chairman, Executive Director and  
Chief Executive Officer*

Hong Kong, 1 August 2019

*As at the date of this announcement, the board of Directors comprises Mr. James Fu Bin Lu (Chairman and Chief Executive Officer), Mr. Sandeep Sekhri and Mr. Long Hai as executive Directors; Mr. Li Lun as non-executive Director; and Mr. Lu Cheng, Mr. Fei Dingan and Mr. Shi Kangping as independent non-executive Directors.*

*This announcement, for which the Directors collectively and individually accept full responsibility, includes particulars given in compliance with the Rules Governing the Listing of Securities on GEM of the Stock Exchange for the purpose of giving information with regard to the Company. The Directors, having made all reasonable enquiries, confirm that to the best of their knowledge and belief, the information contained in this announcement is accurate and complete in all material respects and not misleading or deceptive, and there are no other matters the omission of which would make any statement herein or this announcement misleading.*

*This announcement will remain on the “Latest Listed Company Announcements” page of the GEM website at [www.hkgem.com](http://www.hkgem.com) for at least 7 days from the day of its publication. This announcement will also be published on the Company’s website at [www.lifeconcepts.com](http://www.lifeconcepts.com).*