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BAMBOOS HEALTH CARE HOLDINGS LIMITED

百本醫護控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock code: 2293)

DATE OF BOARD MEETING

The board of directors (the “**Board**”) of Bamboos Health Care Holdings Limited (the “**Company**”) hereby announces that a meeting of the Board will be held on 20 September 2019 (Friday) for the purposes of, among other matters, approving the publication of the annual results announcement of the Company and its subsidiaries for the year ended 30 June 2019 and considering the declaration of dividend, if any.

On behalf of the Board

Bamboos Health Care Holdings Limited

Hai Hiu Chu

Chairman

Hong Kong, 10 September 2019

As at the date of this announcement, the executive Director is Ms. Hai Hiu Chu and the independent non-executive Directors are Dr. Chan Kai Yue Jason, Ms. Chhoa Peck Lim Bella, Dr. Ko Wing Man and Mr. Wong Kon Man Jason.