BAMBOOS HEALTH CARE HOLDINGS LIMITED

百本醫護控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock code: 2293)

CHANGE OF DATE OF BOARD MEETING

Reference is made to the announcement of Bamboos Health Care Holdings Limited (the "**Company**") dated 10 September 2019 in relation to the meeting of the board of directors (the "**Board**") of the Company for the purposes of, among other matters, approving the publication of the annual results announcement of the Company and its subsidiaries for the year ended 30 June 2019 (the "**Annual Results**") and considering the declaration of dividend, if any.

The Board hereby announces that, as more time is required for finalising the Annual Results, the date of Board meeting which was scheduled to be held on Friday, 20 September 2019 will be postponed to Friday, 27 September 2019.

On behalf of the Board
Bamboos Health Care Holdings Limited
Hai Hiu Chu
Chairman

Hong Kong, 19 September 2019

As at the date of this announcement, the executive Director is Ms. Hai Hiu Chu and the independent non-executive Directors are Dr. Chan Kai Yue Jason, Ms. Chhoa Peck Lim Bella, Dr. Ko Wing Man and Mr. Wong Kon Man Jason.