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BAMBOOS HEALTH CARE HOLDINGS LIMITED

百本醫護控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 2293)

RESIGNATION OF EXECUTIVE DIRECTOR

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The board (the "Board") of directors (the "Directors") of Bamboos Health Care Holdings Limited (the "Company", together with its subsidiaries, the "Group") announces that, Dr. Leung Wai Cheung ("Dr. Leung") has tendered his resignation as an executive director of the Company and will vacate the office with effect from 1 November 2021, since he wishes to devote more of his time to his other personal and business commitments.

Dr. Leung has confirmed that he has no disagreement with the Board and there is no matter in relation to his resignation that needs to be brought to the attention of the shareholders of the Company or The Stock Exchange of Hong Kong Limited.

The Board wishes to express its sincere appreciation and gratitude to Dr. Leung for his valuable efforts and contribution to the Group during his tenure of office.

By order of the Board

Bamboos Health Care Holdings Limited

Hai Hiu Chu

Chairman

Hong Kong, 1 November 2021

As at the date of this announcement, the executive Director is Ms. Hai Hiu Chu; and the independent non-executive Directors are Dr. Chan Kai Yue Jason, Mr. Wong Kon Man Jason and Mr. Lam Kwok Ming.