PERFECT MEDICAL HEALTH MANAGEMENT LIMITED

完 美 醫 療 健 康 管 理 有 限 公 司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 1830)

DATE OF BOARD MEETING

The board of directors (the "**Board**") of Perfect Medical Health Management Limited (the "**Company**") announces that a meeting of the Board will be held on Monday, 29 November 2021 for the purpose of, *inter alia*, approving the interim results of the Company and its subsidiaries for the six months ended 30 September 2021 and its publication and considering the payment of an interim dividend, if any.

By Order of the Board
Perfect Medical Health Management Limited
So Hin Lung
Company Secretary

Hong Kong, 15 November 2021

As at the date of this announcement, the Board comprises Dr. Au-Yeung Kong, Ms. Au-Yeung Wai and Ms. Au-Yeung Hung as executive directors of the Company and Ms. Hsu Wai Man, Helen, Ms. Cho Yi Ping and Mr. Chi Chi Hung, Kenneth as independent non-executive directors of the Company.