

(Incorporated in the Cayman Islands with limited liability)
(於開曼群島註冊成立之有限公司)

(Stock Code: 1419) (股份代號: 1419)

28 October 2022

Dear Registered Shareholders,

Notification of publication of (i) 2022 Annual Report; (ii) the circular relating to the proposed general mandates to issue and repurchase shares, proposed re-election of directors, proposed amendments to the articles of association and adoption of the new articles of association and notice of 2022 annual general meeting (the "AGM circular"); and (iii) the proxy form (collectively, the "Current Corporate Communications") on the Company's website

The Current Corporate Communications of Human Health Holdings Limited (the "Company"), in both English and Chinese versions are available in the Investor Relations section of the Company's website at www.humanhealth.com.hk and the website of Hong Kong Exchanges and Clearing Limited at www.hkexnews.hk. If you have elected to receive the Corporate Communications in printed form, the printed form of the Current Corporate Communications are enclosed.

You may access the 2022 Annual Report by clicking "Annual Reports", the AGM Circular by clicking "Circulars", and the notice of 2022 annual general meeting and the proxy form by clicking "Announcements and Notices", all under "Investor Relations" section of the Company's website.

If you wish to receive the Current Corporate Communications in printed form and/or change your choice of means of receipt of future Corporate Communications⁽¹⁾, please complete and sign the Request Form on the reverse side of this letter and then return the same to the Company's Hong Kong branch share registrar, Tricor Investor Services Limited (the "Hong Kong Branch Share Registrar"), by post at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong using the pre-paid mailing label in the Request Form or by email at humanhealth1419-ecom@hk.tricorglobal.com. The Request Form may also be downloaded from the Company's website.

If you have elected (or are deemed to have elected) to access the Corporate Communications by electronic means and for any reason have difficulty in gaining access to the Corporate Communications on the Company's website or wish to receive the printed copies, the Company will promptly upon request in writing by you send the Corporate Communications to you in printed form free of charge.

You may also change your choice of means of receipt of the future Corporate Communications at any time by giving reasonable prior notice in writing to the Company c/o Hong Kong Branch Share Registrar at the above address or by email at humanhealth1419-ecom@hk.tricorglobal.com.

If you have any queries relating to this letter, please contact the Hong Kong Branch Share Registrar's hotline at (852) 2980 1333 during business hours from 9:00 a.m. to 5:00 p.m., Monday to Friday (excluding Hong Kong public holidays) or by email at humanhealth1419-ecom@hk.tricorglobal.com.

Yours faithfully, Human Health Holdings Limited Chan Kin Ping

Note:

(1) Corporate Communications mean any documents issued or to be issued by the Company for your information or action, including but not limited to: (a) the directors' report, its annual accounts together with a copy of the auditors' report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; (f) a proxy form; (g) an application proof; and (h) a post hearing information pack or PHIP.

各位註冊股東:

於本公司網站登載(i) 2022年年報;(ii)有關建議發行及購回股份之一般授權、建議重選董事、建議修訂組織章程細則及採納新組織章程細則及2022年股東週年大會通告的通函(「股東週年大會通函」);及(iii)代表委任表格(統稱「本次公司通訊」)的刊發通知

盈健醫療集團有限公司(「**本公司**」)的本次公司通訊的中、英文版本已登載於本公司網站(www.humanhealth.com.hk)「投資者關係」一欄及香港交易及結算所有限公司網站(www.hkexnews.hk)。倘 閣下已選擇收取公司通訊的印刷本,隨本函附上本次公司通訊。

請於本公司網站內的「投資者關係」項目內下按「年報」以閱覽2022年年報,下按「通函」以閱覽股東週年大會通函,及下按「公告及通告」以閱覽2022年股東週年大會通 告及代表委任表格。

倘 閣下欲收取本次公司通訊的印刷本及/或更改收取日後公司通訊⁽¹⁾的方式,請 閣下填妥並簽署在本函背面的申請表格,然後可使用申請表格內之已預付郵費的郵寄標籤 寄回本公司的香港股份過戶登記分處,卓佳證券登記有限公司(「**香港股份過戶登記分處**」),地址為香港夏慤道16號遠東金融中心17樓或電郵至humanhealth1419-ecom@ hk.tricorglobal.com。申請表格亦可於本公司網站下載。

倘 閣下已選擇(或被視為已選擇)以電子方式閱覽公司通訊,惟因於本公司網站閱覽公司通訊上出現困難或希望收取印刷本,本公司將於收到 閣下的書面要求後,盡 快寄送公司通訊的印刷本給 閣下,費用全免。

閣下可隨時透過香港股份過戶登記分處發出合理之事先書面通知至上述地址或以電郵方式發送至humanhealth1419-ecom@hk.tricorglobal.com通知本公司,更改其已選擇收取日後公司通訊之方式。

如 閣下對本函件有任何疑問,請於星期一至星期五(香港公眾假期除外)辦公時間上午9時至下午5時致電香港股份過戶登記分處的熱線(852) 2980 1333或電郵至 humanhealth1419-ecom@hk.tricorglobal.com查詢。

此 致

列位註冊股東 台照

代表 **盈健醫療集團有限公司** 主席 陳健平

二零二二年十月二十八日

附註:

(1) 公司通訊指本公司已發出或將予發出以供 閣下參照或採取行動的任何文件,其中包括但不限於(a)董事會報告、年度賬目連同核數師報告以及(如適用)財務摘要報告;(b)中期報告及(如適用)中期摘要報告;(c)會議通告;(d)上市文件;(e)通函;(f)委派代表書;(g)申請版本;及(h)聆訊後資料集。

申請表格 REQUEST FORM

Please complete, sign and return this Request Form to
Tricor Investor Services Limited, the Hong Kong Branch Share Registrar
of Human Health Holdings Limited (the "Company"),
by email at humanhealth1419-ecom@hk.tricorglobal.com or by post using the mailing label at the bottom of this form.
請填妥及簽署下列申請表格,
並電郵至humanhealth1419-ecom@hk.tricorglobal.com或以本表格下方的郵寄標籤
寄回盆健醫療集團有限公司(「本公司」)的香港股份過戶登記分處,
卓佳證券登記有限公司。

You do NOT need to complete this Request Form if you have received the document(s) in the manner you want. 倘闊下收到的文件之收取方式符合閱下的意願,則<u>毋須</u>填寫本申請表格。

| Part . | A – To rec | eive a printe | d form of th | ie Current | Corporate C | ommunicati | ons: |
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| I/We wo 本人/書 | ald like to receive the Current Corporate Communicatio :等欲以下列方式收取本公司本次公司通訊(請於下 | ns of the Company in the manner as i 「列 空 格 內 劃 上 「✔」號): | ndicated below (please mark | (✔) in the following box): | | | | | |
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| | in printed form in both English and Chinese languages (by post). 收取中、英文版印刷本(以郵寄方式)。 | | | | | | | | |
| 乙部一里 | To change the means of receipt of future Corporate Con 改收取日後公司通訊*的方式: ald like to receive all future Corporate Communications 等欲以下列方式收取所有本公司日後公司通訊・』 | | icated below until further no E格内割上「レ」號): | otice (please mark ONLY ONE (🗸) of the following boxes): | | | | | |
| | in printed form in both English and Chinese languages (by post); or 收取中、英文版印刷本(以郵寄方式); 或 | | | | | | | | |
| | by electronic means through the Company's website (www.humanhealth.com.hk) and a written notification will be sent by email to the email address below or by post. 透過本公司網站(www.humanhealth.com.hk)以電子方式收取,而通知書將電郵至下速電郵地址或以郵寄方式向閣下寄發。 | | | | | | | | |
| My/Our email address: 本人/吾等的電郵地址: | | | | | | | | | |
| (Please e (請確保 | nsure your email address is properly filled in for the purp 填上正確的電郵地址以作收取日後公司通訊已在2 | ose of receiving the notification of publ 太公司網站登載的通知書之用) | ication of future Corporate Co | ommunications on Company's website) | | | | | |
| Name(s) of Registered Shareholder(s) in English (Please use BLOCK LETTERS) 註冊股東的英文名稱(請以 大楷 書寫) | | | Name(s) of Registered Shareholder(s) in Chinese 註冊股東的中文名稱 | | | | | | |
| | d Address of Registered Shareholder(s) 的登記地址: | | | | | | | | |
| Contact Telephone Number 聯絡電話 | | Signature(s) 簽署 | | Date 日期 | | | | | |
| Notes: | Investor Services Limited, by post at 17/F, Far East Finance Cent 2. If any shares are held in joint names, all joint holders OR the join | re, 16 Harcourt Road, Hong Kong or by email a t holder whose name stands first on the Compar | humanhealth1419-ecom@hk.tricorg y's register of members should sign | | | | | | |

- This Request Form with no box ticked, with more than one box ticked, or otherwise incorrectly completed will be voided at the discretion of the Company. For the avoidance of doubt, any other special instructions written on this form will not be accepted.

 Corporate Communications mean any documents issued or to be issued by the Company for your information or action, including but not limited to: (a) the directors' report, its annual accounts together with a copy of the auditors' report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary financial report; (c) a notice of meeting; (d) a listing document; (e) a circular; (f) a proxy form; (g) an application proof; and (h) a post hearing information pack or PHIP.
- 上述乙都之指示將適用於本公司向關下發出的所有日後公司通訊,直至關下透過香港股份過戶登記分處,卓佳證券登記有限公司發出合理之事先書面通知至香港夏慤道16號遠東金融中心17樓或以電動方式簽送至humanhealth1419-ecom@hk.tricorglobal.com以向本公司作出通知為止。如任何股份以聯名方式持有,則戶有聯名持有人或名列本公司股東名冊的首名聯名持有人須於本表格上簽署,方為有效。如朱有在任何上述適常空格加上[少]號,或在超過一個空格加上[夕]號,或在我國一個空格加上[夕]號,或在我們上[夕]號,或在我國一個空格加上[夕]號,或在我國一個空格加上[夕]號,或在我國一個空格加上[夕]號,或在我國人在其他方面填寫不正確,本公司司前情決沒將本申請表格作廢。為免存疑,任何在本回條上的額外書寫指示,本公司將不予處理。公司通訊指本公司已發出或將予發出以供關下參照或採取行動的任何文件,其中包括但不限於(a)董事會報告、年度賬目連同核數師報告以及(如適用)財務摘要報告;(b)中期報告及(如適用)中期摘要報告;(c)會議通告;(d)上市文件;(e)通函;(f)委派代表書;(g)申請版本;及(h)聆訊後資料集。

- PERSONAL INFORMATION COLLECTION STATEMENT

 "Personal Data" in this statement has the same meaning as "personal data" in the Personal Data (Privacy) Ordinance, Chapter 486 of the Laws of Hong Kong (the "PDPO").

 Your supply of Personal Data to the Company is on a voluntary basis. If you fail to provide sufficient formation, the Company may not be able to process your instructions and/or requests as stated in this form.

 Your Personal Data may be disclosed or transferred by the Company to its subsidiaries, its share registrar and branch share registrar in Hong Kong, and/or other companies or bodies for any of the stated purposes, and retained for such period as may be necessary for our verification and record purposes.

 You have the right to request access to and/or correction of your Personal Data should be in writing to the Personal Data (iv)
- Privacy Officer of Tricor Investor Services Limited (the address stated in note 1 above).

 Please refer to the Company's Privacy Policy Statement which is available on the Company's website for further details
- 本聲明中所指的「個人資料」具有香港法例第486 意(個人資料(私聽)條例)(「《私聽條例》))中「個人資料」的涵義。 關下向本公司提供側人資料圖自顯性質。若關下未能提供足夠資料。本公司可能無法處理關下之指示及/或要求。 本公司可就任何指定用途將關下之個人資料被露或轉移了其附屬公司、其股份過戶登記處及香港股份過戶登記分處及/或其他公司或團體,並將在必要期間內保留該等個人資料作核質及記錄用途。 關下有權根據(私態條例)的條文查閱及/或修改關下的個人資料。任何該等查閱及/或修改個人資料的要求均須以書面方式向卓佳證券登記有限公司(地址如上文附註1所述)的私隱事務主任提出。 詳情請參閱載於本公司劉站的本公司之私隱政策聲明。

Please cut the mailing label and stick this on an envelope

to return the Request Form to us. No postage stamp is required for local mailing

當閣下寄回此申請表格時,請將此郵寄標籤剪貼於信封上。 如在本港投寄,閣下無需支付郵費或貼上郵票

Mailing Label 郵 寄 標 籤

Tricor Investor Services Limited 卓佳證券登記有限公司 Freepost No.簡便回郵號碼: 10 GPO Hong Kong香港