Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

For the month ended:	30 November 2022	Status:	New Submission
To : Hong Kong Exchanges	and Clearing Limited		
Name of Issuer:	Human Health Holdings Limited		
Date Submitted:	02 December 2022		

I. Movements in Authorised / Registered Share Capital

1. Type of shares	Ordinary shares		Class of shares	Not applicable		Listed on SEHK (Note 1)		Yes		
Stock code	01419		Description							
		Number of	Number of authorised/registered shares		Par value			Authorised/registered share capital		
Balance at close of preceding month		10,000,000,000		HKD		0.01		100,000,000		
Increase / decrease (-)								HKD		
Balance at close of the mont	h		10,000	,000,000	HKD		0.01	HKD		100,000,000

Total authorised/registered share capital at the end of the month: HKD 100,000,000

II. Movements in Issued Shares

1. Type of shares	Ordinary shares		Class of shares	Not applicable	Listed on SEHK (Note 1)	Yes
Stock code	01419		Description			
Balance at close of preceding month			379,552,233			
Increase / decrease (-)						
Balance at close of the month			379,552,233			

III. Details of Movements in Issued Shares

(A). Share Options (under Share Option Schemes of the Issuer)

1. Type of shares issua	able	Ordinary shares		Class of shares	Not applicable		Shares issuable to be listed on SEHK (Note 1)		Yes		
Stock code of shares issuable (if listed on SEHK) (Note 1)		e 1)	01419								
Particulars of share o scheme	ption	Number of share options outstanding at close of preceding month	٢	Movement during the month		Number of share op outstanding at clos the month		No. of new shares of issuer issued during the month pursuant thereto (A)	No. of new share issuer which may issued pursuant th as at close of the r	y be ereto	i nranien innner ine
1). Share Option Sche adopted on 17 Feb 2016		180,000				18	30,000	0	1	18,800	35,000,000
General Meeting appro date (if applicable)	oval	17 February 2016									

Total A (Ordinary shares):	
----------------------------	--

0

Total funds raised during the month from exercise of options: HKD 0

Remarks:

1. 460,000 share options granted on 28 May 2018 (in which 280,000 share options were lapsed) shall be exercisable from 1 June 2021 to 31 May 2027 (both dates inclusive) in 3 tranches. For details, please refer to the announcement of the Company dated 28 May 2018.

(B). Warrants to Issue Shares of the Issuer which are to be Listed Not applicable

(C). Convertibles (i.e. Convertible into Issue Shares of the Issuer which are to be Listed) Not applicable

(D). Any other Agreements or Arrangements to Issue Shares of the Issuer which are to be listed, including Options (other than Share Options Schemes) Not applicable

(E). Other Movements in Issued Share Not applicable

0

Total increase / decrease (-) in Ordinary shares during the month (i.e. Total of A to E)	
--	--

IV. Information about Hong Kong Depositary Receipt (HDR) Not applicable

V. Confirmations

Submitted by:

MAN CHING YAN

Title:

Company Secretary

(Director, Secretary or other Duly Authorised Officer)

Notes

1. SEHK refers to Stock Exchange of Hong Kong.

2. Items (i) to (viii) are suggested forms of confirmation which may be amended to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, no further confirmation is required to be made in this return.

- 3. "Identical" means in this context:
 - the securities are of the same nominal value with the same amount called up or paid up;
 - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
 - . they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.
- 4. If there is insufficient space, please submit additional document.
- 5. In the context of repurchase of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares repurchased listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares repurchased (if listed on SEHK)"; and
 - . "type of shares issuable" should be construed as "type of shares repurchased"; and
 - . "issue and allotment date" should be construed as "cancellation date"
- 6. In the context of redemption of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares redeemed listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares redeemed (if listed on SEHK)"; and
 - . "type of shares issuable" should be construed as "type of shares redeemed"; and
 - . "issue and allotment date" should be construed as "redemption date"