Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

For the month ended:	31 December 2022	Status:	New Submission
Го : Hong Kong Exchange	es and Clearing Limited		
Name of Issuer:	Perfect Medical Health Management Limited		
Date Submitted:	03 January 2023		
I. Movements in Autho	prised / Registered Share Capital		

1. Type of shares Ordinary shares Not applicable Listed on SEHK (Note 1) Class of shares Yes 01830 Stock code Description Number of authorised/registered shares Authorised/registered share capital Par value Balance at close of preceding month 0.1 HKD 10,000,000,000 HKD 1,000,000,000 Increase / decrease (-) 0 HKD 0 10,000,000,000 HKD 0.1 HKD Balance at close of the month 1,000,000,000

Total authorised/registered share capital at the end of the month: HKD 1,000,000,000

II. Movements in Issued Shares

1. Type of shares	Ordinary shares		Class of shares	Not applicable	Listed on SEHK (Note 1)	Yes
Stock code	01830		Description			
Balance at close of preceding month			1,258,036,771			
Increase / decrease (-)						
Balance at close of the month			1,258,036,771			

III. Details of Movements in Issued Shares

(A). Share Options (under Share Option Schemes of the Issuer)

1	Type of shares issuable	Ordinary shares		of shares	Not applica	able	Shar	res issuable to be listed or	n SEHK (Note 1)	Yes		
Stock code of shares issuable (if listed on SEHK) (Note 1)			e 1) 01830)			•					
Ρ	articulars of share option scheme	Number of share options outstanding at close of preceding month				Number of share op outstanding at clos the month	month pursuant thereto		No. of new share issuer which ma issued pursuant th as at close of the	y be pereto	securitie issued u all shar grant	tal number of swhich may be upon exercise of e options to be ed under the e at close of the month
1).	Share Option Scheme											117,858,339
	neral Meeting approval e (if applicable)	13 August 2021		·		•					•	

Total A (Ordinary shares):

Total funds raised during the month from exercise of options:

(B). Warrants to Issue Shares of the Issuer which are to be Listed Not applicable

(C). Convertibles (i.e. Convertible into Issue Shares of the Issuer which are to be Listed) Not applicable

(D). Any other Agreements or Arrangements to Issue Shares of the Issuer which are to be listed, including Options (other than Share Options Schemes) Not applicable

	Гуре of shares issuable (Note 5 and 6)	ICIMINAL SNARS		Class o	Class of shares Not ap		licable Shares issuable		to be listed on SEHK (Note 1, 5	5 and 6) Yes	
Stock code of shares issuable (if listed on SEHK) (Note 1, 5 and 6) 01830											
	Type of Issue		At price (if applicable)				i issue and alloiment i	General Meeting approval date	issued during the month	No. of new shares of issuer which may be issued pursuar thereto as at close of the	
			Currency	A	Amount			(if applicable)	pursuant thereto (E)	month	
1).	Repurchase of shares	urchase of shares				12 August 2022		-1	,500,000		

Total E (Ordinary shares):

Remarks:

Repurchases of a total of 1,500,000 shares were made from 24 November 2022 to 23 December 2022 but such shares were not yet canceled as at 31 December 2022

Total increase / decrease (-) in Ordinary shares during the month (i.e. Total of A to E)

IV. Information about Hong Kong Depositary Receipt (HDR) Not applicable

V. Confirmations

	Ve hereby confirm to the best knowledge, information and belief that, in relation to each of the securities issued by the issuer during the month as set out in Part III and IV which has not been reviously disclosed in a return published under Main Board Rule 13.25A / GEM Rule 17.27A, it has been duly authorised by the board of directors of the listed issuer and, insofar as applicable:									
(Note 2)										
(i) all money due to th	all money due to the listed issuer in respect of the issue of securities has been received by it;									
(ii) all pre-conditions f	all pre-conditions for listing imposed by the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited under "Qualifications of listing" have been fulfilled;									
(iii) all (if any) conditio	ns contained in the formal letter granting listing of and permission to deal in the securities have been fulfilled;									
(iv) all the securities o) all the securities of each class are in all respects identical (Note 3);									
	uired by the Companies (Winding Up and Miscellaneous Provisions) Ordinance to be filed with the Registrar of Companies have been duly filed and that compliance has her legal requirements;									
vi) all the definitive documents of title have been delivered/are ready to be delivered/are being prepared and will be delivered in accordance with the terms of issue;										
	all such property has been duly satisfied; and									
(viii) the trust deed/de Registrar of Com	ed poll relating to the debenture, loan stock, notes or bonds has been completed and executed, and particulars thereof, if so required by law, have been filed with the apanies.									
Submitted by:	So Hin Lung									
Title:	Director and Company Secretary									

(Director, Secretary or other Duly Authorised Officer)

Notes

1. SEHK refers to Stock Exchange of Hong Kong.

2. Items (i) to (viii) are suggested forms of confirmation which may be amended to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, no further confirmation is required to be made in this return.

- 3. "Identical" means in this context:
 - the securities are of the same nominal value with the same amount called up or paid up;
 - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
 - . they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.
- 4. If there is insufficient space, please submit additional document.
- 5. In the context of repurchase of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares repurchased listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares repurchased (if listed on SEHK)"; and
 - . "type of shares issuable" should be construed as "type of shares repurchased"; and
 - . "issue and allotment date" should be construed as "cancellation date"
- 6. In the context of redemption of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares redeemed listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares redeemed (if listed on SEHK)"; and
 - . "type of shares issuable" should be construed as "type of shares redeemed"; and
 - . "issue and allotment date" should be construed as "redemption date"