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BAMBOOS HEALTH CARE HOLDINGS LIMITED

百本醫護控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 2293)

DATE OF BOARD MEETING

The board of directors (the "Board") of Bamboos Health Care Holdings Limited (the "Company") hereby announces that a meeting of the Board will be held on 22 February 2023 (Wednesday) for the purposes of, among other matters, approving the publication of the interim results announcement of the Company and its subsidiaries for the six months ended 31 December 2022 and considering the declaration of interim dividend, if any.

By order of the Board

Bamboos Health Care Holdings Limited

Hai Hiu Chu

Chairman

Hong Kong, 13 February 2023

As at the date of this announcement, the executive Director is Ms. Hai Hiu Chu; and the independent non-executive Directors are Dr. Chan Kai Yue Jason, Mr. Wong Kon Man Jason and Mr. Lam Kwok Ming.