

Human Health Holdings Limited

盈健醫療集團有限公司

(Incorporated in the Cayman Islands with limited liability)
(於開曼群島註冊成立之有限公司)

(Stock Code: 1419) (股份代號: 1419)

27 March 2023

Dear Registered Shareholders,

Notification of publication of 2023 Interim Report (the "Current Corporate Communication") on the Company's website

The Current Corporate Communication of Human Health Holdings Limited (the "Company"), in both English and Chinese versions are available in the Investor Relations section of the Company's website at www.humanhealth.com.hk and the website of Hong Kong Exchanges and Clearing Limited at www.hkexnews.hk. If you have elected to receive the Corporate Communication in printed form, the printed form of the Current Corporate Communication is enclosed.

You may access the Current Corporate Communication by clicking "Interim Reports" under "Investor Relations" section of the Company's website.

If you wish to receive the Current Corporate Communication in printed form and/or change your choice of means of receipt of future Corporate Communications⁽¹⁾, please complete and sign the Request Form on the reverse side of this letter and then return the same to the Company's Hong Kong branch share registrar, Tricor Investor Services Limited (the "Hong Kong Branch Share Registrar"), by post at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong using the pre-paid mailing label in the Request Form or by email at humanhealth1419-ecom@hk.tricorglobal.com. The Request Form may also be downloaded from the Company's website.

If you have elected (or are deemed to have elected) to access the Corporate Communications by electronic means and for any reason have difficulty in gaining access to the Corporate Communications on the Company's website or wish to receive the printed copies, the Company will promptly upon request in writing by you send the Corporate Communications to you in printed form free of charge.

You may also change your choice of means of receipt of the future Corporate Communications at any time by giving reasonable prior notice in writing to the Company c/o Hong Kong Branch Share Registrar at the above address or by email at humanhealth1419-ecom@hk.tricorglobal.com.

If you have any queries relating to this letter, please contact the Hong Kong Branch Share Registrar's hotline at (852) 2980 1333 during business hours from 9:00 a.m. to 5:00 p.m., Monday to Friday (excluding Hong Kong public holidays) or by email at humanhealth1419-ecom@hk.tricorglobal.com.

Yours faithfully, Human Health Holdings Limited Chan Kin Ping Chairman

Note:

(1) Corporate Communications mean any documents issued or to be issued by the Company for your information or action, including but not limited to: (a) the directors' report, its annual accounts together with a copy of the auditors' report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; (f) a proxy form; (g) an application proof; and (h) a post hearing information pack or PHIP.

各位註冊股東:

於本公司網站登載2023年中期報告(「本次公司通訊」)的刊發通知

盈健醫療集團有限公司(「**本公司**」)的本次公司通訊的中、英文版本已登載於本公司網站(www.humanhealth.com.hk)「投資者關係」一欄及香港交 易及結算所有限公司網站(www.hkexnews.hk)。倘 閣下已選擇收取公司通訊的印刷本,隨本函附上本次公司通訊。

請於本公司網站內的「投資者關係」項目內下按「中期報告」以閱覽本次公司通訊。

倘 閣下欲收取本次公司通訊的印刷本及/或更改收取日後公司通訊⁽⁽⁾⁾的方式,請 閣下填妥並簽署在本函背面的申請表格,然後可使用申請表格內之已預付郵費的郵寄標籤寄回本公司的香港股份過戶登記分處,卓佳證券登記有限公司(「**香港股份過戶登記分處**」),地址為香港夏慤道16號遠東金融中心17樓或電郵至humanhealth1419-ecom@hk.tricorglobal.com。申請表格亦可於本公司網站下載。

倘 閣下已選擇(或被視為已選擇)以電子方式閱覽公司通訊,惟因於本公司網站閱覽公司通訊上出現困難或希望收取印刷本,本公司將於收 到 閣下的書面要求後,盡快寄送公司通訊的印刷本給 閣下,費用全免。

閣下可隨時透過香港股份過戶登記分處發出合理之事先書面通知至上述地址或以電郵方式發送至humanhealth1419-ecom@hk.tricorglobal.com通 知本公司,更改其已選擇收取日後公司通訊之方式。

如 閣下對本函件有任何疑問,請於星期一至星期五(香港公眾假期除外)辦公時間上午9時至下午5時致電香港股份過戶登記分處的熱線 (852) 2980 1333或電郵至humanhealth1419-ecom@hk.tricorglobal.com查詢。

此 致

列位註冊股東 台照

代表 **盈健醫療集團有限公司** *主席* **陳健平** 謹啟

二零二三年三月二十七日

断註:

(1) 公司通訊指本公司已發出或將予發出以供 閣下參照或採取行動的任何文件,其中包括但不限於(a)董事會報告、年度賬目連同核數師報告以及(如適用)財務摘要報告;(b)中期報告及(如適用)中期摘要報告;(c)會議通告;(d)上市文件;(e)通函;(f)委派代表書;(g)申請版本;及(h)聆訊後資料集。

REQUEST FORM 申請表格

Please complete, sign and return this Request Form to
Tricor Investor Services Limited, the Hong Kong Branch Share Registrar of Human Health Holdings Limited (the "Company"),
by email at humanhealth1419-ecom@hk.tricorglobal.com or by post using the mailing label at the bottom of this form.
請填妥及簽署下列申請表格,
並電郵至humanhealth1419-ecom@hk.tricorglobal.com或以本表格下方的郵寄標籤
寄回盆健醫療集團有限公司(「本公司」)的香港股份過戶登記分處,卓佳證券登記有限公司。

You do NOT need to complete this Request Form if you have received the document(s) in the manner you want. 倘 閣下收到的文件之收取方式符合 閣下的意願,則毋須填寫本申請表格。

Part A – To receive a printed for 甲部 – 收取本次公司通訊之印刷	rm of the Current Corporate Communication: 本:		
	urrent Corporate Communication of the Company in th 公司本次公司通訊(請於下列空格內劃上「✓」號):	e manner as indicated below (please mark (\checkmark) in the following	box):
in printed form in both l 收取中、英文版印刷本	English and Chinese languages (by post). (以郵寄方式)。		
Part B – To change the means of 乙部 – 更改收取日後公司通訊#的	receipt of future Corporate Communications*: 方式:		
of the following boxes):	ure Corporate Communications of the Company in the 有本公司日後公司通訊,直至另行通知(請於下列其中一(nanner as indicated below until further notice (please mark O 周空格內劃上「ノ」號):	ONLY ONE (✓)
in printed form in both l 收取中、英文版印刷本	English and Chinese languages (by post); or		
		and a written notification will be sent by email to the email addre	ess below or by
	humanhealth.com.hk)以電子方式收取,而通知書將電郵至	下述電郵地址或以郵寄方式向 閣下寄發。	
My/Our email address: 本人/吾等的電郵地址:			
Name(s) of Registered Shareholde	收取日後公司通訊已在本公司網站登載的通知書之用) r(s) in English (Please use BLOCK LETTERS)	Name(s) of Registered Shareholder(s) in Chinese	
註冊股東的英文名稱(請以大楷書	t 台 \	註冊股東的中文名稱	
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Mailing Label 郵寄標籤

Please cut the mailing label and stick this on an envelope to return the Request Form to us.

No postage stamp is required for local mailing

閣下寄回此申請表格時,請將此郵寄標籤剪貼於信封上。 如在本港投寄, 閣下無需支付郵費或貼上郵票

Tricor Investor Services Limited 卓佳證券登記有限公司 Freepost No. 簡便回郵號碼: 10 GPO Hong Kong 香港