

Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

| For the month ended: | 31 October 2023 | Status: | New Submission | | | |
|--------------------------|--|---------|----------------|--|--|--|
| To : Hong Kong Exchanges | and Clearing Limited | | | | | |
| Name of Issuer: | Natural Food International Holding Limited | | | | | |
| Date Submitted: | 03 November 2023 | | | | | |
| | | | | | | |

I. Movements in Authorised / Registered Share Capital

| 1. Class of shares | Ordinary shares | | Type of shares | Not appli | cable | | Listed on SEHK (Note 1) | | Yes | | |
|-------------------------------------|-----------------|-------|------------------------------------|-----------|-------|-----------|-------------------------|-------------------------------------|--------|--------|--|
| Stock code | 01837 | | Description | | | | | | - | | |
| Nur | | | er of authorised/registered shares | | | Par value | 9 | Authorised/registered share capital | | | |
| Balance at close of preceding month | | | 5,000 | ,000,000 | USD | | 0.00001 | USD | | 50,000 | |
| Increase / decrease (-) | | | | | | | | USD | | | |
| Balance at close of the month | | 5,000 | ,000,000 | USD | | 0.00001 | USD | | 50,000 | | |

| Total authorised/registered share capital at the end of the month | i: USD | 50,000 |
|---|--------|--------|
|---|--------|--------|

II. Movements in Issued Shares

| 1. Class of shares | Ordinary shares | | Type of shares | Not applicable | Listed on SEHK (Note 1) | Yes |
|-------------------------------------|-----------------|--|----------------|----------------|-------------------------|-----|
| Stock code | 01837 | | Description | | | |
| Balance at close of preceding month | | | 2,188,514,000 | | | |
| Increase / decrease (-) | | | | | | |
| Balance at close of the month | | | 2,188,514,000 | | | |

III. Details of Movements in Issued Shares

(A). Share Options (under Share Option Schemes of the Issuer)

| 1. (| Class of shares issuable | Ordinary shares | | ype of shares | Not applica | ble | Shar | hares issuable to be listed on SEHK (Note 1 | | Yes | | |
|--|---|--|-------|-------------------|--|-------|-------|---|-------------------------------------|--|--|---|
| Stock code of shares issuable (if listed on SEHK) (Note 1) | | | 1) 01 | 1837 | | | | | | | | |
| Ρ | articulars of share option scheme | Number of share options outstanding at close of preceding month | Mor | vement during the | Number of share op outstanding at clos the month | | | month pursuant thereto | issuer which may issued pursuant th | No. of new shares of issuer which may be ssued pursuant thereto s at close of the month | | tal number of s which may be pon exercise of e options to be ed under the at close of the month |
| 1). | Stock option scheme | 63,692,502 | | | | 63,69 | 2,502 | | | | | |
| | neral Meeting approval e (if applicable) | 19 November 2018 | | | | | | | | | | |

Total A (Ordinary shares):

Total funds raised during the month from exercise of options:

(B). Warrants to Issue Shares of the Issuer which are to be Listed Not applicable

(C). Convertibles (i.e. Convertible into Issue Shares of the Issuer which are to be Listed) Not applicable

(D). Any other Agreements or Arrangements to Issue Shares of the Issuer which are to be listed, including Options (other than Share Options Schemes) Not applicable

(E). Other Movements in Issued Share Not applicable

Total increase / decrease (-) in Ordinary shares during the month (i.e. Total of A to E)

IV. Information about Hong Kong Depositary Receipt (HDR) Not applicable

V. Confirmations

Submitted by:

Company Secretary

(Director, Coorston, or othe

Yuen Sing Wai Lester

(Director, Secretary or other Duly Authorised Officer)

Notes

Title:

1. SEHK refers to Stock Exchange of Hong Kong.

2. Items (i) to (viii) are suggested forms of confirmation which may be amended to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, no further confirmation is required to be made in this return.

- 3. "Identical" means in this context:
 - the securities are of the same nominal value with the same amount called up or paid up;
 - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
 - . they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.
- 4. If there is insufficient space, please submit additional document.
- 5. In the context of repurchase of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares repurchased listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares repurchased (if listed on SEHK)"; and
 - . "class of shares issuable" should be construed as "class of shares repurchased"; and
 - . "issue and allotment date" should be construed as "cancellation date"
- 6. In the context of redemption of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares redeemed listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares redeemed (if listed on SEHK)"; and
 - . "class of shares issuable" should be construed as "class of shares redeemed"; and
 - . "issue and allotment date" should be construed as "redemption date"