

Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

For the month ended:	31 October 2023	Status:	New Submission			
To : Hong Kong Exchanges	and Clearing Limited					
Name of Issuer:	Natural Food International Holding Limited					
Date Submitted:	03 November 2023					

I. Movements in Authorised / Registered Share Capital

1. Class of shares	Ordinary shares		Type of shares	Not appli	cable		Listed on SEHK (Note 1)		Yes		
Stock code	01837		Description						-		
Nur			er of authorised/registered shares			Par value	9	Authorised/registered share capital			
Balance at close of preceding month			5,000	,000,000	USD		0.00001	USD		50,000	
Increase / decrease (-)								USD			
Balance at close of the month		5,000	,000,000	USD		0.00001	USD		50,000		

Total authorised/registered share capital at the end of the month	i: USD	50,000
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II. Movements in Issued Shares

1. Class of shares	Ordinary shares		Type of shares	Not applicable	Listed on SEHK (Note 1)	Yes
Stock code	01837		Description			
Balance at close of preceding month			2,188,514,000			
Increase / decrease (-)						
Balance at close of the month			2,188,514,000			

III. Details of Movements in Issued Shares

(A). Share Options (under Share Option Schemes of the Issuer)

1. (Class of shares issuable	Ordinary shares		ype of shares	Not applica	ble	Shar	hares issuable to be listed on SEHK (Note 1		Yes		
Stock code of shares issuable (if listed on SEHK) (Note 1)			1) 01	1837								
Ρ	articulars of share option scheme	Number of share options outstanding at close of preceding month	Mor	vement during the	Number of share op outstanding at clos the month			month pursuant thereto	issuer which may issued pursuant th	No. of new shares of issuer which may be ssued pursuant thereto s at close of the month		tal number of s which may be pon exercise of e options to be ed under the at close of the month
1).	Stock option scheme	63,692,502				63,69	2,502					
	neral Meeting approval e (if applicable)	19 November 2018										

Total A (Ordinary shares):

Total funds raised during the month from exercise of options:

(B). Warrants to Issue Shares of the Issuer which are to be Listed Not applicable

(C). Convertibles (i.e. Convertible into Issue Shares of the Issuer which are to be Listed) Not applicable

(D). Any other Agreements or Arrangements to Issue Shares of the Issuer which are to be listed, including Options (other than Share Options Schemes) Not applicable

(E). Other Movements in Issued Share Not applicable

Total increase / decrease (-) in Ordinary shares during the month (i.e. Total of A to E)

IV. Information about Hong Kong Depositary Receipt (HDR) Not applicable

V. Confirmations

Submitted by:

Company Secretary

(Director, Coorston, or othe

Yuen Sing Wai Lester

(Director, Secretary or other Duly Authorised Officer)

Notes

Title:

1. SEHK refers to Stock Exchange of Hong Kong.

2. Items (i) to (viii) are suggested forms of confirmation which may be amended to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, no further confirmation is required to be made in this return.

- 3. "Identical" means in this context:
 - the securities are of the same nominal value with the same amount called up or paid up;
 - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
 - . they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.
- 4. If there is insufficient space, please submit additional document.
- 5. In the context of repurchase of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares repurchased listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares repurchased (if listed on SEHK)"; and
 - . "class of shares issuable" should be construed as "class of shares repurchased"; and
 - . "issue and allotment date" should be construed as "cancellation date"
- 6. In the context of redemption of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares redeemed listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares redeemed (if listed on SEHK)"; and
 - . "class of shares issuable" should be construed as "class of shares redeemed"; and
 - . "issue and allotment date" should be construed as "redemption date"