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BetterLife Holding Limited
百得利控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 6909)

NOTICE OF BOARD MEETING

The board (the “**Board**”) of directors (the “**Directors**”) of BetterLife Holding Limited (the “**Company**”) hereby announces that a meeting of the Board will be held on Monday, 11 December 2023 for the purpose of, among other matters, (i) considering and approving the unaudited interim results of the Company and its subsidiaries for the six months ended 30 June 2023 and its publication; (ii) considering the recommendation of payment of an interim dividend (if any); and (iii) any other transactions and business.

CONTINUED SUSPENSION OF TRADING

Trading in the shares of the Company on The Stock Exchange of Hong Kong Limited has been suspended with effect from 9:00 a.m. on 1 September 2023 pending the publication of the interim results of the Company and its subsidiaries for the six months ended 30 June 2023 by the Company.

Shareholders and potential investors should exercise caution when dealing in the securities of the Company.

By order of the Board
BetterLife Holding Limited
Chou Patrick Hsiao-Po

Chairman, Chief Executive Officer and Executive Director

Hong Kong, 29 November 2023

As at the date of this announcement, the executive Directors are Mr. Chou Patrick Hsiao-Po, Ms. Sun Jing, Mr. Xu Tao and Mr. Chau Kwok Keung; and the independent non-executive Directors are Mr. Liu Dengqing, Mr. Lou Sai Tong and Mr. Wong Ka Kit.

This announcement is available for viewing on the Company’s website at www.blchina.com and the website of the Stock Exchange at www.hkexnews.hk.