



PERFECT MEDICAL

PERFECT MEDICAL HEALTH MANAGEMENT LIMITED

完美醫療健康管理有限公司

(Incorporated in the Cayman Islands with limited liability)

(於開曼群島註冊成立之有限公司)

(Stock Code: 1830)

(股份代號：1830)

4 December 2023

Dear Non-Registered Holder(s)¹,

Notification of Publication of Corporate Communication on the Company's Website

We hereby notify you that the following corporate communication (the "Current Corporate Communication") of Perfect Medical Health Management Limited (the "Company"), in both English and Chinese versions, are now available on the Company's website at www.perfectmedical.com and the website of Hong Kong Exchanges and Clearing Limited (the "HKEXnews website") at www.hkexnews.hk:

- Interim Report 2023/2024

You may now access the Current Corporate Communication under "Investor Relations" section of the Company's website or the HKEXnews website.

If you wish to receive a printed copy of the Current Corporate Communication, please complete the enclosed Request Form for Non-Registered Holder(s) (with a pre-paid postage mailing label at the bottom of the Request Form for Non-Registered Holder(s)) and return it to the Company c/o the Company's branch share registrar in Hong Kong (the "Hong Kong Share Registrar"), Tricor Investor Services Limited, 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong or by email to is-ecom@hk.tricorglobal.com. The printed copy of the Current Corporate Communication will be sent to you free of charge upon receipt of your request.

Please note that by completing and returning the Request Form for Non-Registered Holder(s) to request for the printed copy of the Current Corporate Communication, you will expressly indicate that you prefer to receive all future Corporate Communications² of the Company in printed form.

Should you have any queries relating to this notification, please call the enquiry hotline of the Hong Kong Branch Share Registrar at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m. (Hong Kong time), Monday to Friday, excluding Hong Kong public holidays.

Perfect Medical Health Management Limited
So Hin Lung
Executive Director and Company Secretary

Encl.

Notes:

1. Non-Registered Holder refers to a person or company whose shares in the Company are held in the Central Clearing and Settlement System (CCASS).
2. Corporate Communication refers to any document issued or to be issued by the Company for information or action of holders of securities of the Company, including but not limited to: (a) directors' report, annual account together with a copy of the independent auditor's report and, where applicable, summary financial report; (b) interim report and, where applicable, summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; and (f) a proxy form.

各位非註冊持有人¹：

於本公司網站刊登公司通訊之通知

謹此通知 閣下，完美醫療健康管理有限公司（「本公司」）之下述公司通訊（「本次公司通訊」）之英文及中文版本，現已於本公司網站www.perfectmedical.com及香港交易及結算所有限公司網站（「披露易網站」）www.hkexnews.hk登載：

- 中期報告2023/2024

請於本公司網站「投資者關係」一欄或披露易網站讀取本次公司通訊。

倘 閣下擬收取本次公司通訊之印刷本，請填妥隨附之非註冊持有人申請表格（非註冊持有人申請表格下方附有郵資已付郵寄標籤）及寄回本公司的香港股份過戶登記分處卓佳證券登記有限公司（「香港股份過戶登記分處」），地址為香港夏愨道16號遠東金融中心17樓或以電郵發送至 is-ecom@hk.tricorglobal.com。在收到 閣下之要求後，將免費寄發本次公司通訊的印刷本予 閣下。

請注意， 閣下在填寫及交回非註冊持有人申請表格以索取本次公司通訊的印刷本後，即表示 閣下確認選擇收取本公司所有日後公司通訊²的印刷本。

倘 閣下對本通知有任何疑問，請致電香港股份過戶登記分處諮詢熱線(852) 2980 1333查詢，辦公時間為星期一至星期五（香港公眾假期除外）上午九時正至下午六時正（香港時間）。

完美醫療健康管理有限公司
執行董事及公司秘書
蘇顯龍

二零二三年十二月四日

附件

附註：

1. 非註冊持有人指將所持有之本公司股份存放於中央結算及交收系統（中央結算系統）的人士或公司。
2. 公司通訊指本公司已刊發或將予刊發以供本公司證券持有人參照或採取行動之任何文件，包括但不限於：(a)董事會報告、年度賬目連同獨立核數師報告及（如適用）財務摘要報告；(b)中期報告及（如適用）中期摘要報告；(c)會議通告；(d)上市文件；(e)通函；及(f)代表委任表格。

Request Form for Non-Registered Holder(s) 非註冊持有人申請表格

To: Perfect Medical Health Management Limited (the "Company")
(Stock Code: 1830)
c/o Tricor Investor Services Limited
17/F, Far East Finance Centre,
16 Harcourt Road, Hong Kong

致：完美醫療健康管理有限公司(「本公司」)
(股份代號：1830)
經卓佳證券登記有限公司
香港夏愨道16號
遠東金融中心17樓

I/We would like to receive the Current Corporate Communication and all future Corporate Communications[^] of the Company in the manner as indicated below:
本人/吾等希望以下列方式收取本公司之本次公司通訊及所有日後公司通訊[^]：

(Please mark "✓" in ONLY ONE of the following boxes)
(請僅在下列其中一個空格內劃上「✓」號)

- to receive the printed English version ONLY; or
僅收取英文印刷本；或
- to receive the printed Chinese version ONLY; or
僅收取中文印刷本；或
- to receive both the printed English and Chinese versions.
同時收取英文及中文印刷本。

Name of Non-Registered Holder(s):
非註冊持有人姓名：

Contact telephone number:
聯絡電話號碼：

Address:
地址：

Signature:
簽名：

Date:
日期：

Notes: 附註：

- Please complete all the items. If no box, or more than one box, is marked "✓", or any signature or other information is incorrectly completed, the Company reserves its right to treat this Request Form for Non-Registered Holder(s) as void.
請閣下填妥所有資料。倘未有在任任何一個空格或在超過一個空格劃上「✓」號，或任何簽名或其他資料填寫錯誤，本公司保留權利將本非註冊持有人申請表格視為無效。
- Non-Registered Holder refers to a person or company whose shares in the Company are held in the Central Clearing and Settlement System (CCASS).
非註冊持有人指將所持有之本公司股份存放於中央結算及交收系統(中央結算系統)的人士或公司。
- By completing and returning this Request Form for Non-Registered Holder(s) to request for the printed copy of the Current Corporate Communication, you have expressly indicated that you prefer to receive all future Corporate Communications of the Company in printed form.
當閣下填妥及交回本非註冊持有人申請表格以索取本公司通訊的印刷本後，即表示閣下已確認選擇收取本公司所有日後公司通訊的印刷本。
- For the avoidance of doubt, we do not accept any other special instructions written on this Request Form for Non-Registered Holder(s).
為免存疑，本公司概不接受於本非註冊持有人申請表格上書寫之任何其他特別指示。
- Should you have any queries in relation to this Request Form for Non-Registered Holder(s), please call the enquiry hotline of the Hong Kong Branch Share Registrar at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m. (Hong Kong time), Monday to Friday, excluding Hong Kong public holidays.
倘閣下對本非註冊持有人申請表格有任何疑問，請致電香港股份過戶登記分處諮詢熱線(852) 2980 1333查詢，辦公時間為星期一至星期五(香港公眾假期除外)上午九時正至下午六時正(香港時間)。
- [^] Corporate Communication includes but not limited to (a) directors' report, annual account together with a copy of the independent auditor's report and, where applicable, summary financial report; (b) interim report and, where applicable, summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; and (f) a proxy form.
公司通訊包括但不限於：(a)董事會報告、年度賬目連同獨立核數師報告及(如適用)財務摘要報告；(b)中期報告及(如適用)中期摘要報告；(c)會議通告；(d)上市文件；(e)通函；及(f)代表委任表格。

PERSONAL INFORMATION COLLECTION STATEMENT 個人資料收集聲明

- "Personal Data" in this statement has the same meaning as "personal data" in the Personal Data (Privacy) Ordinance, Chapter 486 of the Laws of Hong Kong (the "PDPO").
本聲明所指之「個人資料」具有香港法例第486章《個人資料(私隱)條例》(「私隱條例」)賦予「個人資料」之相同涵義。
- Your supply of Personal Data to the Company is on a voluntary basis. If you fail to provide sufficient information, the Company may not be able to process your appointment of proxy and other instructions.
閣下乃基於自願性質向本公司提供個人資料。倘閣下並無提供足夠資料，本公司可能無法處理閣下之受委代表委任及其他指示。
- Your Personal Data may be disclosed or transferred by the Company to its subsidiaries, its share registrar and its branch share registrar in Hong Kong, and/or other companies or bodies for any of the stated purposes, and retained for such period as may be necessary for our verification and record purposes.
本公司可就任何指定用途將閣下之個人資料披露或轉移予其附屬公司、其股份過戶登記處及其香港股份過戶登記分處及/或其他公司或團體，並將在必要期間內保留作核實及記錄用途。
- You have the right to request access to and/or correction of your Personal Data in accordance with the provisions of the PDPO. Any such request for access to and/or correction of your Personal Data should be in writing to the Personal Data Privacy Officer of Tricor Investor Services Limited (the address stated above).
閣下有權根據私隱條例之規定要求查閱及/或更正閣下之個人資料。任何查閱及/或更正閣下個人資料之要求均須透過書面方式向卓佳證券登記有限公司個人資料私隱主任提出(地址如上文所述)。

(Please cut along the dotted line 請沿虛線剪下)

Please cut the mailing label and stick this on an envelope to return the Request Form to us.

No postage stamp is required for local mailing in Hong Kong.

當閣下寄回此表格時，請將此郵寄標籤剪貼於信封上。
如在本港投寄，閣下無需支付郵費或貼上郵票。

Mailing Label 郵寄標籤

Tricor Investor Services Limited
卓佳證券登記有限公司
Freepost No. 簡便回郵號碼：10 GPO
Hong Kong 香港