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Town Health International Medical Group Limited 康健國際醫療集團有限公司

(Incorporated in the Cayman Islands and continued in Bermuda with limited liability)

(Stock Code: 3886)

NEW ARRANGEMENTS ON DISSEMINATION OF CORPORATE COMMUNICATIONS

With effect from 31 December 2023, the Company will disseminate the future Corporate Communications to the Shareholders electronically and only send Corporate Communications in printed form to the Shareholders upon request as set out in this announcement.

The board ("Board") of directors ("Directors") of Town Health International Medical Group Limited ("Company") is pleased to announce that pursuant to new Rule 2.07A of the Rules ("Listing Rules") Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited ("Stock Exchange") which will come into effect on 31 December 2023 and the bye-laws of the Company, with effect from 31 December 2023, the Company will disseminate the future corporate communications of the Company ("Corporate Communications") to the shareholders of the Company ("Shareholders") electronically and only send Corporate Communications in printed form to the Shareholders upon request. Corporate Communications include any document(s) issued or to be issued by the Company for the information or action of holders of any of its securities or the investing public, including but not limited to (a) the directors' report and its annual accounts together with a copy of the auditors' report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary interim report; (c) the quarterly report, if any; (d) a notice of meeting; (e) a listing document; (f) a circular; and (g) a proxy form.

In this connection, the following arrangements will come into effect on 31 December 2023.

ARRANGEMENTS

1. Actionable Corporate Communications

The Company will send any corporate communications that seek instructions from the Shareholders on how they wish to exercise their rights or make elections as the Shareholders ("Actionable Corporate Communications") to the Shareholders individually in electronic form by email. If the Company does not possess the email address of a Shareholder or the email address provided is not functional, the Company will send the Actionable Corporate Communication in printed form together with a request form for soliciting the Shareholder's functional email address to facilitate electronic dissemination of Actionable Corporate Communications in the future.

It is the responsibility of a Shareholder to provide email address that is functional. The Company will be considered to have complied with the Listing Rules if it sends Actionable Corporate Communications to the email address provided by a Shareholder without receiving any "non-delivery message".

2. Corporate Communications

The Company will make the Corporate Communications available on its website (https://townhealth.com/) and the Stock Exchange's website (www.hkexnews.hk).

A notice of publication of the version of Corporate Communications being published (in both English and Chinese) on the Company's website, in both English and Chinese, will be sent by the Company to the Shareholders by email or by post (only if the Company does not possess the functional email address of a Shareholder) on the publication date of the Corporate Communications.

PROVISION OF SHAREHOLDER'S EMAIL ADDRESS TO THE COMPANY

In support of electronic communication by email, the Company recommends the Shareholders to provide the Company with their email address at any time in future by reasonable notice in writing to the Company's branch share registrar in Hong Kong, Tricor Tengis Limited at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong or by email to is-ecom@hk.tricorglobal.com. The Company will send a letter to the Shareholders on 29 December 2023 together with a Reply Form for Provision of Email Address and/or Request for Printed Copy of Corporate Communications and Actionable Corporate Communications ("Reply Form") (with a pre-paid postage mailing label at the bottom of the Reply Form) to request for the email address of the Shareholders and the preference of the Shareholders in receiving the Corporate Communications and Actionable Corporate Communications in printed form.

It is the responsibility of the Shareholders to provide email address that is functional. If the Company does not possess the email address of a Shareholder or the email address provided is not functional, the Company will act according to the above arrangements. The Company will be considered to have complied with the Listing Rules if it sends Actionable Corporate Communications to the email address provided by a Shareholder without receiving any "non-delivery message".

REQUEST FOR PRINTED COPY OF CORPORATE COMMUNICATIONS AND ACTIONABLE CORPORATE COMMUNICATIONS

For those Shareholders who wish to receive a printed version of all future Corporate Communications and Actionable Corporate Communications or, if for any reason, have difficulty in gaining access to the Company's website, the Company will, upon receipt of request in writing by the Shareholder to the Company's branch share registrar in Hong Kong, Tricor Tengis Limited at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong or by email to is-ecom@hk.tricorglobal.com, send future Corporate Communications and/or the relevant Corporate Communications (as the case may be) to such Shareholders in printed form free of charge.

Please note that the preference in receiving Corporate Communications and Actionable Corporate Communications in printed form of a Shareholder will be valid unless being revoked or superseded or until expired on 30 June 2025 (whichever is earlier). Further request in writing will be required if a Shareholder prefers to continue receiving printed copy of future Corporate Communications and Actionable Corporate Communications.

For any queries in relation to the above arrangements, please call the Company's branch share registrar in Hong Kong, Tricor Tengis Limited, at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m. from Monday to Friday, excluding Hong Kong public holidays, or by sending an email to is-ecom@hk.tricorglobal.com.

By order of the Board Town Health International Medical Group Limited Wong Chi Kit Nelson

Chief Executive Officer and Executive Director

Hong Kong, 29 December 2023

As at the date of this announcement, the executive Directors are Mr. Choi Ka Tsan Karson (Chairman), Dr. Wong Chi Kit Nelson (Chief Executive Officer), Dr. Wong Chun Wa, Mr. Ng Ting Chi, Ms. Yao Yuan, Ms. Lau Wai Yee, Susanna and Dr. Fok Siu Wing Dominic; the non-executive Directors are Mr. Hou Jun, Ms. Lee Wai Ling Linda and Ms. Lau Suk Hing Clara; and the independent non-executive Directors are Mr. Ho Kwok Wah, George, MH, Mr. Yu Xuezhong, Dr. Xu Weiguo, Mr. Chui Tsan Kit, Mr. Han Wenxin, Mr. Tang Chi Kong, Mr. Chan Wai Kan, Mr. Cheung Ka Ming and Mr. Tsui Wing Cheong Sammy.