Status: New Submission

50,000



For the month ended:

31 December 2023

Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

To : Hong Kong Exchai	nges and Clearing Limited									
Name of Issuer:	Natural Food Internationa	Natural Food International Holding Limited								
Date Submitted:	05 January 2024	05 January 2024								
I. Movements in Au	thorised / Registered Shar	e Capital								
1. Class of shares	Ordinary shares	Ordinary shares		Not appl	Not applicable		Listed on SEHK (Note 1)		Yes	
Stock code	01837		Description							
		Number o	f authorised/registere	d shares		Par valu	е	Au	thorised/registe	red share capital
Balance at close of preceding month		5,000		0,000,000	USD		0.00001	USD	50,00	
Increase / decrease (-)							USD			
Balance at close of the month		5,000,000,000			USD		0.00001	USD		50,000

Total authorised/registered share capital at the end of the month: USD

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II. Movements in Issued Shares

1. Class of shares	Ordinary shares		Type of shares	Not applicable	Listed on SEHK (Note 1)	Yes	
Stock code	01837		Description				
Balance at close of preceding month			2,188,514,000				
Increase / decrease (-)							
Balance at close of the month			2,188,514,000				

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III. Details of Movements in Issued Shares

(A). Share Options (under Share Option Schemes of the Issuer)

Class of shares issuable		Туре с	of shares	Not applica	ble	Shares issuable to be listed on		n SEHK (Note 1)	Yes			
Stock code of shares issuable (if listed on SEHK) (Note 1)			e 1) 01837									
Р	articulars of share option scheme	Number of share options outstanding at close of preceding month	Moveme	Movement during the month				month pursuant thereto	issuer which may be		The total number of securities which may be issued upon exercise of all share options to be granted under the scheme at close of the month	
1).	Stock option scheme	63,692,502	Lapsed		-1,600,000	62,09	2,503					
			Others		1							
			Round-up fra	ctional share								
	neral Meeting approval e (if applicable)	19 November 2018										

Total A (Ordinary s	shares):
Total funds raised during the month from exercise of options:	

- (B). Warrants to Issue Shares of the Issuer which are to be Listed Not applicable
- (C). Convertibles (i.e. Convertible into Issue Shares of the Issuer which are to be Listed) Not applicable
- (D). Any other Agreements or Arrangements to Issue Shares of the Issuer which are to be listed, including Options (other than Share Options Schemes) Not applicable
- (E). Other Movements in Issued Share Not applicable

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Total increase / decrease (-) in Ordinary shares during the month (i.e. Total of A to E)

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IV. Information about Hong Kong Depositary Receipt (HDR) Not applicable

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V. Confirmations

We hereby confirm to the best knowledge, information and belief that, in relation to each of the securities issued by the issuer during the month as set out in Part III and IV which has not been previously disclosed in a return published under Main Board Rule 13.25A / GEM Rule 17.27A, it has been duly authorised by the board of directors of the listed issuer and, insofar as applicable:

(Note 2)

- (i) all money due to the listed issuer in respect of the issue of securities has been received by it;
- (ii) all pre-conditions for listing imposed by the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited under "Qualifications of listing" have been fulfilled;
- (iii) all (if any) conditions contained in the formal letter granting listing of and permission to deal in the securities have been fulfilled;
- (iv) all the securities of each class are in all respects identical (Note 3);
- (v) all documents required by the Companies (Winding Up and Miscellaneous Provisions) Ordinance to be filed with the Registrar of Companies have been duly filed and that compliance has been made with other legal requirements;
- (vi) all the definitive documents of title have been delivered/are ready to be delivered/are being prepared and will be delivered in accordance with the terms of issue;
- (vii) completion has taken place of the purchase by the issuer of all property shown in the listing document to have been purchased or agreed to be purchased by it and the purchase consideration for all such property has been duly satisfied; and
- (viii) the trust deed/deed poll relating to the debenture, loan stock, notes or bonds has been completed and executed, and particulars thereof, if so required by law, have been filed with the Registrar of Companies.

Submitted by:	Yuen Sing Wai Lester							
Title:	Company Secretary							

(Director, Secretary or other Duly Authorised Officer)

Notes

- 1. SEHK refers to Stock Exchange of Hong Kong.
- 2. Items (i) to (viii) are suggested forms of confirmation which may be amended to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, no further confirmation is required to be made in this return.

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- 3. "Identical" means in this context:
 - . the securities are of the same nominal value with the same amount called up or paid up;
 - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
 - . they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.
- 4. If there is insufficient space, please submit additional document.
- 5. In the context of repurchase of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares repurchased listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares repurchased (if listed on SEHK)"; and
 - . "class of shares issuable" should be construed as "class of shares repurchased"; and
 - . "issue and allotment date" should be construed as "cancellation date"
- 6. In the context of redemption of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares redeemed listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares redeemed (if listed on SEHK)"; and
 - . "class of shares issuable" should be construed as "class of shares redeemed"; and
 - . "issue and allotment date" should be construed as "redemption date"

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