100,000,000

Status: New Submission



For the month ended:

Balance at close of the month

31 March 2024

Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

To : Hong Kong Exchar	nges and Clearing Limited									
Name of Issuer:	Health and Happiness (H	I&H) Internat	tional Holdings Limite	d						
Date Submitted:	05 April 2024									
I. Movements in Au	thorised / Registered Sha	re Capital								
1. Class of shares	Ordinary shares		Type of shares	Not applica	able		Listed on SEHK (No	ote 1)	Yes	
Stock code	01112		Description							
Nu		Number o	Number of authorised/registered shar			Par value		Authorised/registered share capi		red share capital
Balance at close of preceding month		10,000,000,000),000,000 F	HKD	0.01		HKD	100,000,000	
Increase / decrease (-)								HKD		

10,000,000,000 HKD

Total authorised/registered share capital at the end of the month: HKD 100,000,000

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0.01 HKD

II. Movements in Issued Shares

1. Class of shares	Ordinary shares	Type of shares		Not applicable	Listed on SEHK (Note 1)	Yes	
Stock code	01112		Description				
Balance at close of preceding	month		645,561,354				
Increase / decrease (-)			0				
Balance at close of the month	า	645,561,354					

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III. Details of Movements in Issued Shares

(A). Share Options (under Share Option Schemes of the Issuer)

1. Class of shares issuable	Ordinary shares	r shares Type of shares Not applica			ble	Shar	res issuable to be listed or	n SEHK (Note 1) Yes	;
Stock code of shares issuabl	e (if listed on SEHK) (Note	1) 01112			,				,
Particulars of share option scheme	Number of share options outstanding at close of preceding month	Moveme	ent during the	month	Number of share opt outstanding at close the month		No. of new shares of issuer issued during the month pursuant thereto (A)	No. of new shares or issuer which may be issued pursuant there as at close of the mon	
1). 2010 Share Option Scheme Exercise Price HKD15.58	682,390 L	_apsed		-321,166	36.	1,224	0	361,2	24
General Meeting approval date (if applicable)									
2). 2010 Share Option Scheme Exercise Price HKD21.05	90,578 L	Lapsed		-54,348	31	6,230	0	36,2	30
General Meeting approval date (if applicable)	25 November 2010								
3). 2010 Share Option Scheme Exercise Price HKD20.92	38,568 L	_apsed		-21,790	1	6,778	0	16,7	78
General Meeting approval date (if applicable)	25 November 2010								
4). 2010 Share Option Scheme Exercise Price HKD23.30	50,893 L	apsed		-16,163	3	4,730	0	34,7	30
General Meeting approval date (if applicable)	25 November 2010								
5). 2010 Share Option Scheme	398,477 L	_apsed		-72,905	32	5,572	0	325,5	72

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Exercise Price HKD25.75							
General Meeting approval date (if applicable)	25 November 2010						
6). 2010 Share Option Scheme Exercise Price HKD22.15	42,644	Lapsed	-19,445	23,199	0	23,199	
General Meeting approval date (if applicable)	25 November 2010						
7). 2010 Share Option Scheme Exercise Price HKD29.25	3,551,786			3,551,786	0	3,551,786	
General Meeting approval date (if applicable)	25 November 2010						
8). 2010 Share Option Scheme Exercise Price HKD47.10	27,043			27,043	0	27,043	
General Meeting approval date (if applicable)	25 November 2010						
9). 2010 Share Option Scheme Exercise Price HKD60.02	116,873			116,873	0	116,873	
General Meeting approval date (if applicable)	25 November 2010						
10). 2010 Share Option Scheme Exercise Price HKD59.05	147,060			147,060	0	147,060	
General Meeting approval date (if applicable)	25 November 2010						
11). 2010 Share Option Scheme Exercise Price HKD49.15	413,722			413,722	0	413,722	
General Meeting approval date (if applicable)	25 November 2010						

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12). 2010 Share Option Scheme Exercise Price HKD45.79	59,298			59,298	0	59,298	
General Meeting approval date (if applicable)	25 November 2010						
13). 2010 Share Option Scheme Exercise Price HKD26.10	350,000			350,000	0	350,000	
General Meeting approval date (if applicable)	25 November 2010						
14). 2020 Share Option Scheme Exercise Price HKD31.88	3,925,678	Lapsed	-2,157,461	1,768,217	0	1,768,217	50,522,572
General Meeting approval date (if applicable)	08 May 2020						
15). 2020 Share Option Scheme Exercise Price HKD31.02	535,431	Lapsed	-346,000	189,431	0	189,431	50,522,572
General Meeting approval date (if applicable)	08 May 2020			_	_	_	

Total A (Ordinary s	shares):	0
Total funds raised during the month from exercise of options: H	HKD	0

- (B). Warrants to Issue Shares of the Issuer which are to be Listed Not applicable
- (C). Convertibles (i.e. Convertible into Issue Shares of the Issuer which are to be Listed) Not applicable
- (D). Any other Agreements or Arrangements to Issue Shares of the Issuer which are to be listed, including Options (other than Share Options Schemes) Not applicable

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(E). Other Movements in Issued Share	Not applicable
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Total increase / decrease (-) in Ordinary shares during the month (i.e. Total of A to E) ______0

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IV. Information about Hong Kong Depositary Receipt (HDR) Not applicable

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V. Confirmations

We hereby confirm to the best knowledge, information and belief that, in relation to each of the securities issued by the issuer during the month as set out in Part III and IV which has not been previously disclosed in a return published under Main Board Rule 13.25A / GEM Rule 17.27A, it has been duly authorised by the board of directors of the listed issuer and, insofar as applicable:

(Note 2)

- (i) all money due to the listed issuer in respect of the issue of securities has been received by it;
- (ii) all pre-conditions for listing imposed by the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited under "Qualifications of listing" have been fulfilled;
- (iii) all (if any) conditions contained in the formal letter granting listing of and permission to deal in the securities have been fulfilled;
- (iv) all the securities of each class are in all respects identical (Note 3);
- (v) all documents required by the Companies (Winding Up and Miscellaneous Provisions) Ordinance to be filed with the Registrar of Companies have been duly filed and that compliance has been made with other legal requirements;
- (vi) all the definitive documents of title have been delivered/are ready to be delivered/are being prepared and will be delivered in accordance with the terms of issue;
- (vii) completion has taken place of the purchase by the issuer of all property shown in the listing document to have been purchased or agreed to be purchased by it and the purchase consideration for all such property has been duly satisfied; and
- (viii) the trust deed/deed poll relating to the debenture, loan stock, notes or bonds has been completed and executed, and particulars thereof, if so required by law, have been filed with the Registrar of Companies.

Submitted by:	Yang Wenyun
Title:	Company Secretary

(Director, Secretary or other Duly Authorised Officer)

Notes

- 1. SEHK refers to Stock Exchange of Hong Kong.
- 2. Items (i) to (viii) are suggested forms of confirmation which may be amended to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, no further confirmation is required to be made in this return.

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- 3. "Identical" means in this context:
 - . the securities are of the same nominal value with the same amount called up or paid up;
 - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
 - . they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.
- 4. If there is insufficient space, please submit additional document.
- 5. In the context of repurchase of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares repurchased listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares repurchased (if listed on SEHK)"; and
 - . "class of shares issuable" should be construed as "class of shares repurchased"; and
 - . "issue and allotment date" should be construed as "cancellation date"
- 6. In the context of redemption of shares:
 - . "shares issuable to be listed on SEHK" should be construed as "shares redeemed listed on SEHK"; and
 - . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares redeemed (if listed on SEHK)"; and
 - . "class of shares issuable" should be construed as "class of shares redeemed"; and
 - . "issue and allotment date" should be construed as "redemption date"

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