Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

For the month ended:	30 April 2024	Status:	New Submission
To : Hong Kong Exchanges	and Clearing Limited		
Name of Issuer:	BetterLife Holding Limited		
Date Submitted:	06 May 2024		

## I. Movements in Authorised / Registered Share Capital

1. Class of shares	Ordinary shares		Type of shares	Not applicable		Listed on SEHK (Note 1)		Yes			
Stock code	06909		Description								
	Number o		f authorised/registered shares		Par value			Authorised/registered share capital			
Balance at close of preceding month			1,000,000,000		HKD		0.01		10,000,00		
Increase / decrease (-)								HKD			
Balance at close of the month		1,000	,000,000	HKD		0.01	HKD		10,000,000		

Total authorised/registered share capital at the end of the month: HKD 10,000,000

## II. Movements in Issued Shares

1. Class of shares	Ordinary shares		Type of shares	Not applicable	Listed on SEHK (Note 1)	Yes
Stock code	06909		Description			
Balance at close of preceding month			622,500,000			
Increase / decrease (-)						
Balance at close of the month			622,500,000			

## III. Details of Movements in Issued Shares

(A). Share Options (under Share Option Schemes of the Issuer)

1. Class of shares issuable	Ordinary shares Type of share		f shares	Not applicable		Shares issuable to be listed on SEHK (Note 1)		Yes			
Stock code of shares issuable (if listed on SEHK) (Note 1)											
Particulars of share option scheme	Number of share options outstanding at close of preceding month	Movement during the month		month	Number of share options outstanding at close of the month		month pursuant thereto			securities issued u all share grante scheme	tal number of s which may be pon exercise of e options to be ed under the at close of the month
1). Share Option Scheme adopted on 17 June 2021	1,500,000			0	1,50	0,000	0	1,5	00,000		50,200,000
General Meeting approval date (if applicable)											

Total A (Ordinary shares):	0
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Total funds raised during the month from exercise of options: HKD 0

(B). Warrants to Issue Shares of the Issuer which are to be Listed Not applicable

(C). Convertibles (i.e. Convertible into Issue Shares of the Issuer which are to be Listed) Not applicable

(D). Any other Agreements or Arrangements to Issue Shares of the Issuer which are to be listed, including Options (other than Share Options Schemes) Not applicable

(E). Other Movements in Issued Share Not applicable

Total increase / decrease (-) in Ordinary shares during the month (i.e. Total of A to E) 0

IV. Information about Hong Kong Depositary Receipt (HDR) Not applicable

## V. Confirmations

Not applic	able
Submitted	by: SUN JING
Title:	Director
	(Director, Secretary or other Duly Authorised Officer)
Notes	
1.	SEHK refers to Stock Exchange of Hong Kong.
2.	Items (i) to (viii) are suggested forms of confirmation which may be amended to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, no further confirmation is required to be made in this return.
3.	"Identical" means in this context:
	. the securities are of the same nominal value with the same amount called up or paid up;
	they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
	. they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.
4.	If there is insufficient space, please submit additional document.
5.	In the context of repurchase of shares:
	. "shares issuable to be listed on SEHK" should be construed as "shares repurchased listed on SEHK"; and
	. "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares repurchased (if listed on SEHK)"; and
	. "class of shares issuable" should be construed as "class of shares repurchased"; and
	• "issue and allotment date" should be construed as "cancellation date"
6.	In the context of redemption of shares:
	. "shares issuable to be listed on SEHK" should be construed as "shares redeemed listed on SEHK"; and
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- . "stock code of shares issuable (if listed on SEHK)" should be construed as "stock code of shares redeemed (if listed on SEHK)"; and
- . "class of shares issuable" should be construed as "class of shares redeemed"; and
- . "issue and allotment date" should be construed as "redemption date"