Human Health Holdings Limited
盈健醫療集團有限公司

(Incorporated in the Cayman Islands with limited liability)
(於開曼群島註冊成立之有限公司)

(Stock Code: 1419)
(股份代號：1419)

30 October 2025

Dear Registered Shareholders,

Notification of publication of (i) 2025 Annual Report; (ii) the circular relating to the proposed general mandates to issue and repurchase shares, proposed re-election of directors, proposed re-appointment of auditor, expiry and proposed termination of 2016 share option scheme and proposed renewal and adoption of share option scheme and notice of 2025 annual general meeting (the "AGM circular"); and (iii) the proxy form (collectively, the "Current Corporate Communications") on the Company's website

The Current Corporate Communications of Human Health Holdings Limited (the "**Company**"), in both English and Chinese versions are available in the Investor Relations section of the Company's website at www.humanhealth.com.hk and the website of Hong Kong Exchanges and Clearing Limited at www.hkexnews.hk (the "**Website Version**").

You may access the 2025 Annual Report by clicking "Annual Reports", the AGM Circular by clicking "Circulars", and the notice of 2025 annual general meeting and the proxy form by clicking "Announcements and Notices", all under "Investor Relations" section of the Company's website.

If you wish to receive the Current Corporate Communications in printed form and/or change your choice of means of receipt of future Corporate Communications(1) and Actionable Corporate Communications(2), please complete and sign the Request Form on the reverse side of this letter and then return the same to the Company's Hong Kong branch share registrar, Tricor Investor Services Limited (the "**Hong Kong Branch Share Registrar**"), by post at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong using the pre-paid mailing label in the Request Form or by email at humanhealth1419-ecom@vistra.com. The Request Form may also be downloaded from the Company's website.

Please note that the preference in receiving Corporate Communications and Actionable Corporate Communications in printed form will be valid unless being revoked or superseded or until expired on the end of the following financial year of the Company (whichever is earlier). Further request in writing will be required if you prefer to continue receiving printed copy of future Corporate Communications and Actionable Corporate Communications.

If you have elected (or are deemed to have elected) to access the Corporate Communications by electronic means and for any reason have difficulty in gaining access to the Corporate Communications on the Company's website or wish to receive the printed copies, the Company will promptly upon request in writing by you send the Corporate Communications to you in printed form free of charge.

You may also change your choice of means of receipt of the future Corporate Communications and Actionable Corporate Communications at any time by giving reasonable prior notice in writing to the Company c/o Hong Kong Branch Share Registrar at the above address or by email at humanhealth1419-ecom@vistra.com.

It is the responsibility of Registered Shareholders to provide a functional email address. If you have not provided your email address to the Company or need to update your email address, the Company recommends you to provide your email address by completing, signing the enclosed Request Form and returning to the Hong Kong Branch Share Registrar at the above-mentioned address by post or by email to humanhealth1419-ecom@vistra.com. If the Company does not have your functional email address, until such time that the functional email address is provided to the Hong Kong Branch Share Registrar, you will be unable to receive via email notices of publication of the Website Version of Corporate Communications ("**Notices of Publication**") and Actionable Corporate Communications in electronic form. As such, the Company would only be able to send you the Notices of Publication and the Actionable Corporate Communications in printed form.

If you have any queries relating to this letter, please contact the Hong Kong Branch Share Registrar's hotline at (852) 2980 1333 during business hours from 9:00 a.m. to 5:00 p.m., Monday to Friday (excluding Hong Kong public holidays) or by email at humanhealth1419-ecom@vistra.com.

Yours faithfully,
Human Health Holdings Limited
Chan Kin Ping
Chairman

Notes:

(1) Corporate Communications mean any documents issued or to be issued by the Company for your information or action, including but not limited to: (a) the directors' report, its annual accounts together with a copy of the auditors' report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; (f) a proxy form; (g) an application proof; and (h) a post hearing information pack or PHIP.

(2) Actionable Corporate Communications refer to any corporate communications that seek instructions from the Shareholders on how they wish to exercise their rights or make elections as Shareholders.

各位註冊股東：

於本公司網站登載(i) 2025年年報；(ii)有關建議發行及購回股份之一般授權、建議重選董事、建議續聘核數師、2016年購股權計劃屆滿及建議終止以及建議續訂及採納購股權計劃及2025年股東週年大會通告的通函(「股東週年大會通函」)；及(iii)代表委任表格(統稱「本次公司通訊」)的刊發通知

盈健醫療集團有限公司(「**本公司**」)的本次公司通訊的中、英文版本已登載於本公司網站(www.humanhealth.com.hk)「投資者關係」一欄及香港交易及結算所有限公司網站(www.hkexnews.hk)(「**網站版本**」)。

請於本公司網站內的「投資者關係」項目內下按「年報」以閱覽2025年年報，下按「通函」以閱覽股東週年大會通函，及下按「公告及通告」以閱覽2025年股東週年大會通告及代表委任表格。

倘　閣下欲收取本次公司通訊的印刷本及／或更改收取日後公司通訊(1)及可供採取行動的公司通訊(2)的方式，請　閣下填妥並簽署在本函背面的申請表格，然後可使用申請表格內之已預付郵費的郵寄標籤寄回本公司的香港股份過戶登記分處，卓佳證券登記有限公司(「**香港股份過戶登記分處**」)，地址為香港夏慤道16號遠東金融中心17樓或電郵至humanhealth1419-ecom@vistra.com。申請表格亦可於本公司網站下載。

請注意，以印刷本形式收取公司通訊及可供採取行動的公司通訊的偏好選擇將一直有效，除非被撤銷或取代，或直至本公司下一個財政年度結束日到期(以較早者為準)。如果　閣下希望繼續收到日後公司通訊及可供採取行動的公司通訊的印刷本，則需要做進一步書面要求。

倘　閣下已選擇(或被視為已選擇)以電子方式閱覽公司通訊，惟因於本公司網站閱覽公司通訊上出現困難或希望收取印刷本，本公司將於收到　閣下的書面要求後，儘快寄送公司通訊的印刷本給　閣下，費用全免。

閣下可隨時透過香港股份過戶登記分處發出合理之事先書面通知至上述地址或以電郵方式發送至humanhealth1419-ecom@vistra.com通知本公司，更改其已選擇收取日後公司通訊及可供採取行動的公司通訊之方式。

註冊股東有責任提供有效的電子郵件地址。如　閣下尚未提供　閣下之電子郵件地址予本公司，或需更新　閣下之電子郵件地址，本公司建議　閣下填妥及簽署隨附之申請表格，並按上述地址以郵寄方式交回本公司的香港股份過戶登記分處或以電郵方式發送至humanhealth1419-ecom@vistra.com。如果本公司沒有收到　閣下的有效電子郵件地址，　閣下將無法透過電子郵件方式收取以電子方式發送的公司通訊網站版本的登載通知(「**登載通知**」)及可供採取行動的公司通訊。本公司只能以印刷本方式向　閣下發送登載通知及可供採取行動的公司通訊，直至香港股份過戶登記分處收到　閣下有效的電子郵件地址為止。

如　閣下對本函件有任何疑問，請於星期一至星期五(香港公眾假期除外)辦公時間上午9時至下午5時致電香港股份過戶登記分處的熱線(852) 2980 1333或電郵至humanhealth1419-ecom@vistra.com查詢。

此　致

列位註冊股東　台照

代表
盈健醫療集團有限公司
主席
陳健平
謹啟

二零二五年十月三十日

附註：

(1) 公司通訊指本公司已發出或將予發出以供　閣下參照或採取行動的任何文件，其中包括但不限於(a)董事會報告、年度賬目連同核數師報告以及(如適用)財務摘要報告；(b)中期報告及(如適用)中期摘要報告；(c)會議通告；(d)上市文件；(e)通函；(f)委派代表書；(g)申請版本；及(h)聆訊後資料集。

(2) 可供採取行動的公司通訊是指任何涉及要求股東指示其擬如何行使其有關股東權利的公司通訊。

REQUEST FORM 申請表格

Please complete, sign and return this Request Form to
Tricor Investor Services Limited, the Hong Kong Branch Share Registrar of Human Health Holdings Limited (the "Company"),
by email at humanhealth1419-ecom@vistra.com or by post using the mailing label at the bottom of this form.
請填妥及簽署下列申請表格，
並電郵至humanhealth1419-ecom@vistra.com或以本表格下方的郵寄標籤
寄回盈健醫療集團有限公司(「本公司」)的香港股份過戶登記分處，卓佳證券登記有限公司。

You do NOT need to complete this Request Form if you have received the document(s) in the manner you want.
倘 閣下收到的文件之收取方式符合 閣下的意願，則毋須填寫本申請表格。

Part A – To receive a printed form of the Current Corporate Communications:
甲部－收取本次公司通訊之印刷本：

I/We would like to receive the Current Corporate Communications of the Company in the manner as indicated below (please mark (✓) in the following box):
本人／吾等欲以下列方式收取本公司本次公司通訊(請於下列空格內劃上「✓」號)：

☐ in printed form in both English and Chinese languages (by post).
收取中、英文版印刷本(以郵寄方式)。

Part B – To change the means of receipt of future Corporate Communications# and Actionable Corporate Communications*:
乙部－更改收取日後公司通訊#及可供採取行動的公司通訊*的方式：

I/We would like to receive all future Corporate Communications and Actionable Corporate Communications of the Company in the manner as indicated below until further notice (please mark ONLY ONE (✓) of the following boxes):
本人／吾等欲以下列方式收取所有本公司日後公司通訊及可供採取行動的公司通訊，直至另行通知(請於下列其中一個空格內劃上「✓」號)：

☐ in printed form in both English and Chinese languages (by post) (the request will be valid unless being revoked or superseded or until expired on the end of the following financial year of the Company (whichever is earlier)); or
收取中、英文版印刷本(以郵寄方式)(申請將一直有效，除非被撤銷或取代，或直至本公司下一個財政年度結束日到期(以較早者為準)；或

☐ receive all future Corporate Communications by a written notification and access all future Corporate Communications by electronic means through the Company's website (www.humanhealth.com.hk) and receive the Actionable Corporate Communications in electronic form to the email address below.
以如下之電郵地址收取本公司日後所有公司通訊之通知書並透過本公司網站(www.humanhealth.com.hk)以電子方式閱覽日後所有公司通訊及以如下之電郵地址收取可供採取行動的公司通訊的電子版本。

My/Our email address:
本人／吾等的電郵地址：

(Please ensure your email address is properly filled in for the purpose of receiving the notification of publication of future Corporate Communications on Company's website and the Actionable Corporate Communications)
(請確保填上正確的電郵地址以作收取日後公司通訊已在本公司網站登載的通知書和可供採取行動的公司通訊之用)

Name(s) of Registered Shareholder(s) in English (Please use **BLOCK LETTERS**)
註冊股東的英文名稱(請以**大楷**書寫)

Name(s) of Registered Shareholder(s) in Chinese
註冊股東的中文名稱

Registered Address of Registered Shareholder(s)
註冊股東的登記地址

Contact Telephone Number
聯絡電話

Signature(s)
簽署

Date
日期

Notes:

1. The above instruction in Part B will apply to all future Corporate Communications and Actionable Corporate Communications to be sent to you until you inform us otherwise by reasonable notice in writing to the Company c/o the Hong Kong Branch Share Registrar, Tricor Investor Services Limited, by post at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong or by email at humanhealth1419-ecom@vistra.com. Please note that the preference in receiving Corporate Communications and Actionable Corporate Communications in printed form will be valid unless being revoked or superseded or until expired on the end of the following financial year of the Company (whichever is earlier). Further request in writing will be required if you prefer to continue receiving printed copy of future Corporate Communications and Actionable Corporate Communications.
2. If any shares are held in joint names, all joint holders OR the joint holder whose name stands first on the Company's register of members should sign this form in order for it to be valid.
3. This Request Form with no box ticked or otherwise incorrectly completed will be voided at the discretion of the Company. For the avoidance of doubt, any other special instructions written on this form will not be accepted.

\# Corporate Communications mean any documents issued or to be issued by the Company for your information or action, including but not limited to: (a) the directors' report, its annual accounts together with a copy of the auditors' report and, where applicable, its summary financial report; (b) the interim report and, where applicable, its summary interim report; (c) a notice of meeting; (d) a listing document; (e) a circular; (f) a proxy form; (g) an application proof; and (h) a post hearing information pack or PHIP.

* Actionable Corporate Communications refer to any corporate communications that seek instructions from the Shareholders on how they wish to exercise their rights or make elections as Shareholders.

附註：

1. 上述乙部之指示將適用於本公司向 閣下發出的所有日後公司通訊及可供採取行動的公司通訊，直至 閣下透過香港股份過戶登記分處，卓佳證券登記有限公司發出合理之事先書面通知至香港夏慤道16號遠東金融中心17樓或以電郵方式發送至humanhealth1419-ecom@vistra.com以向本公司作出通知為止。請注意，以印刷本形式收取公司通訊及可供採取行動的公司通訊的偏好選擇將一直有效，除非 被撤銷或取代，或直至本公司下一個財政年度結束日到期(以較早者為準)。如果 閣下希望繼續收到日後公司通訊和可供採取行動的公司通訊的印刷本，則需要做進一步書面要求。
2. 如任何股份以聯名方式持有，則所有聯名持有人或名列本公司股東名冊的首名聯名持有人須於本表格上簽署，方為有效。
3. 如未有在任何上述適當空格加上「✓」號或在其他方面填寫不正確，本公司可酌情決定將本申請表格作廢。為免存疑，任何在本回條上的額外書寫指示，本公司將不予處理。

\# 公司通訊指本公司已發出或將予發出以供 閣下參照或採取行動的任何文件，其中包括但不限於(a)董事會報告、年度賬目連同核數師報告以及(如適用)財務摘要報告；(b)中期報告及(如適用)中期摘要報告；(c)會議通告；(d)上市文件；(e)通函；(f)委派代表書；(g)申請版本；及(h)聆訊後資料集。

* 可供採取行動的公司通訊是指任何涉及要求股東指示其擬如何行使其有關股東權利的公司通訊。

PERSONAL INFORMATION COLLECTION STATEMENT

(i) "Personal Data" in this statement has the same meaning as "personal data" in the Personal Data (Privacy) Ordinance, Chapter 486 of the Laws of Hong Kong (the "**PDPO**").
(ii) Your supply of Personal Data to the Company is on a voluntary basis. If you fail to provide sufficient information, the Company may not be able to process your instructions and/or requests as stated in this form.
(iii) Your Personal Data may be disclosed or transferred by the Company to its subsidiaries, its share registrar and branch share registrar in Hong Kong, and/or other companies or bodies for any of the stated purposes, and retained for such period as may be necessary for our verification and record purposes.
(iv) You have the right to request access to and/or correction of your Personal Data in accordance with the provisions of the PDPO. Any such request for access to and/or correction of your Personal Data should be in writing to the Personal Data Privacy Officer of Tricor Investor Services Limited (the address stated in note 1 above).
(v) Please refer to the Company's Privacy Policy Statement which is available on the Company's website for further details.

收集個人資料聲明

(i) 本聲明中所指的「個人資料」具有香港法例第486章《個人資料(私隱)條例》(「《**私隱條例**》」)中「個人資料」的涵義。
(ii) 閣下向本公司提供個人資料屬自願性質。若 閣下未能提供足夠資料，本公司可能無法處理 閣下之指示及／或要求。
(iii) 本公司可就任何指定用途將 閣下之個人資料披露或轉移予其附屬公司、其股份過戶登記處及香港股份過戶登記分處及／或其他公司或團體，並將在必要期間內保留該等個人資料作核實及記錄用途。
(iv) 閣下有權根據《私隱條例》的條文查閱及／或修改 閣下的個人資料。任何該等查閱及／或修改個人資料的要求均須以書面方式向卓佳證券登記有限公司(地址如上文附註1所述)的私隱事務主任提出。
(v) 詳情請參閱載於本公司網站的本公司之私隱政策聲明。

✂ (Please cut along the dotted line 請沿虛線剪下)

Please cut the mailing label and stick this on an envelope to return the Request Form to us.
No postage stamp is required for local mailing
當 閣下寄回此申請表格時，請將此郵寄標籤剪貼於信封上。
如在本港投寄， 閣下無需支付郵費或貼上郵票

Mailing Label 郵寄標籤

Tricor Investor Services Limited
卓佳證券登記有限公司
Freepost No. 簡便回郵號碼：10 GPO
Hong Kong 香港