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PERFECT MEDICAL

PERFECT MEDICAL HEALTH MANAGEMENT LIMITED

完美醫療健康管理有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 1830)

DATE OF BOARD MEETING

The board of directors (the “**Board**”) of Perfect Medical Health Management Limited (the “**Company**”) announces that a meeting of the Board will be held on Friday, 28 November 2025 for the purpose of, *inter alia*, approving the interim results of the Company and its subsidiaries for the six months ended 30 September 2025 and its publication and considering the payment of an interim dividend, if any.

By Order of the Board

Perfect Medical Health Management Limited

So Hin Lung

Executive Director and Company Secretary

Hong Kong, 18 November 2025

As at the date of this announcement, the Board comprises Dr. Au-Yeung Kong, Ms. Au-Yeung Wai, Ms. Au-Yeung Hung and Mr. So Hin Lung as executive directors of the Company and Ms. Hsu Wai Man, Helen, Ms. Cho Yi Ping, Mr. Chi Chi Hung, Kenneth and Mr. Chuk Sai Cheong Simon as independent non-executive directors of the Company.