

Hong Kong Exchanges and Clearing Limited and The Stock Exchange of Hong Kong Limited take no responsibility for the contents of this announcement, make no representation as to its accuracy or completeness and expressly disclaim any liability whatsoever for any loss howsoever arising from or in reliance upon the whole or any part of the contents of this announcement.



BetterLife Holding Limited
百得利控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 6909)

**RESIGNATION OF EXECUTIVE DIRECTOR AND
CHIEF EXECUTIVE OFFICER**

The board (the “**Board**”) of directors (the “**Directors**” and each a “**Director**”) of BetterLife Holding Limited (the “**Company**”) hereby announces that, with effect from 1 January 2026, Mr. Xu Tao (徐濤先生) (“**Mr. Xu**”) has resigned as an executive Director and the chief executive officer of the Company in order to devote more time to other business commitments.

Mr. Xu has confirmed that he does not have any disagreement with the Board and there are no matters in relation to his resignation that need to be brought to the attention of the shareholders of the Company and The Stock Exchange of Hong Kong Limited.

The Board expresses its sincere gratitude to Mr. Xu for his dedication to the work and his contribution to the Company and the Board during his tenure of office.

The Company is in the course of identifying suitable candidate as the executive Director and chief executive officer. Further announcement will be made by the Company in relation to the appointment of executive Director and/or chief executive officer as and when appropriate.

By Order of the Board
BetterLife Holding Limited
Chou Patrick Hsiao-Po
Chairman

Hong Kong, 31 December 2025

As at the date of this announcement, the executive Directors are Mr. Chou Patrick Hsiao-Po, Ms. Sun Jing and Ms. Li Dan; and the independent non-executive Directors are Mr. Liu Dengqing, Mr. Lou Sai Tong and Dr. Chu Fumin.

This announcement is available for viewing on the Company’s website at www.blchina.com and the website of the Stock Exchange at www.hkexnews.hk.