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Human Health Holdings Limited

盈健醫療集團有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 1419)

DATE OF BOARD MEETING

This announcement is made pursuant to Rule 13.43 of the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited.

The board of directors (the “**Board**”) of Human Health Holdings Limited (the “**Company**”) hereby announces that a meeting of the Board will be held on Thursday, 26 February 2026 at 12/F., Enterprise Square Two, 3 Sheung Yuet Road, Kowloon Bay, Kowloon, Hong Kong, for the purposes of, among other matters, approving the interim results of the Company and its subsidiaries for the six months ended 31 December 2025 and its publication and considering the recommendation of the payment of an interim dividend, if any.

By order of the Board
Human Health Holdings Limited
Chan Kin Ping
Chairman

Hong Kong, 9 February 2026

As at the date of this announcement, the Board comprises Mr. Chan Kin Ping, BBS, JP (also as Chief Executive Officer), Dr. Pang Lai Sheung and Mr. Poon Chun Pong as executive Directors, and Dr. Lui Sun Wing, Mr. Chan Yue Kwong Michael and Mr. Chan Hey Man as independent non-executive Directors.