天安卓健有限公司

TIAN AN MEDICARE LIMITED

(Incorporated in Bermuda with limited liability)

(Stock Code: 383)

DATE OF BOARD MEETING

The board of directors (the "Board") of Tian An Medicare Limited (the "Company") announces that a meeting of the Board will be held on Friday, 13 March 2026, for the purpose of, among other matters, approving the final results of the Company and its subsidiaries for the year ended 31 December 2025 and the publication of the same and also for considering the payment of a dividend, if any.

By Order of the Board
Tian An Medicare Limited
Sit Po Ling
Company Secretary

Hong Kong, 3 March 2026

As at the date of this announcement, the Board comprises Mr. Kong Muk Yin and Mr. Guo Meibao being Executive Directors; Mr. Lee Seng Hui (Chairman), Mr. Mark Wong Tai Chun, Mr. Zhou Haiying, Mr. Gao Zhaoyuan and Ms. Zhang Yuanyuan being Non-Executive Directors; and Dr. Xia Xiaoning, Dr. Wong Wing Kuen, Albert, Ms. Yang Lai Sum, Lisa and Mr. Cao Dan being Independent Non-Executive Directors.