PERFECT MEDICAL

PERFECT MEDICAL HEALTH MANAGEMENT LIMITED
完美醫療健康管理有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 1830)

DATE OF BOARD MEETING

The board of directors (the "**Board**") of Perfect Medical Health Management Limited (the "**Company**") announces that a meeting of the Board will be held on Tuesday, 30 June 2026 for the purpose of, inter alia, approving the annual results of the Company and its subsidiaries for the year ended 31 March 2026 and its publication and considering the payment of a final dividend, if any.

By order of the Board
Perfect Medical Health Management Limited
So Hin Lung
Executive Director and Company Secretary

Hong Kong, 17 June 2026

As at the date of this announcement, the Board comprises Dr. Au-Yeung Kong, Ms. Au-Yeung Wai, Ms. Au-Yeung Hung and Mr. So Hin Lung as executive directors of the Company and Ms. Hsu Wai Man, Helen, Ms. Cho Yi Ping, Mr. Chi Chi Hung, Kenneth and Mr. Chuk Sai Cheong Simon as independent non-executive directors of the Company.