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PERFECT MEDICAL

PERFECT MEDICAL HEALTH MANAGEMENT LIMITED
完美醫療健康管理有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 1830)

UNAUDITED OPERATIONAL UPDATE FOR THE THREE MONTHS ENDED 30 JUNE 2026

The board of directors (the "**Board**") of Perfect Medical Health Management Limited (the "**Company**", together with its subsidiaries, the "**Group**") is pleased to announce the unaudited operational update of the Group for the three months ended 30 June 2026 (the "**Period**").

For the Period, the value of sales contracts achieved a period-on-period increase of 12.1% primarily attributable to the resilient recovery of the overall economy. Looking ahead, the Group remains optimistic about the performance of its business and will continue to focus on delivering high-quality services and enhancing operational efficiency.

The Board wishes to remind shareholders and potential investors of the Company that, the above information is based on the Board's preliminary review of the internal data currently available and gathered by the Company only, and the said information and data have not been reviewed, confirmed, nor audited by the auditors of the Company and may be subject to adjustment. The overall performance of the Group for the Period could be affected by other factors and therefore, the operational data disclosed in this announcement for the Period may not reflect the overall performance of the Group for the same reporting period.

Shareholders and potential investors of the Company are advised not to place any reliance on such data disclosed in this announcement, and are advised to exercise due caution when dealing in the shares of the Company. When in doubt, investors are advised to seek professional advice from professionals or financial advisers.

Shareholders and potential investors of the Company are advised to exercise caution when dealing in the shares of the Company.

By order of the Board
Perfect Medical Health Management Limited
So Hin Lung
Executive Director and Company Secretary

Hong Kong, 9 July 2026

As at the date of this announcement, the Board comprises Dr. Au-Yeung Kong, Ms. Au-Yeung Wai, Ms. Au-Yeung Hung and Mr. So Hin Lung as executive Directors and Ms. Hsu Wai Man, Helen, Ms. Cho Yi Ping, Mr. Chi Chi Hung, Kenneth and Mr. Chuk Sai Cheong Simon as independent non-executive Directors.