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**Guangdong True Health Medical Technology
Development Co., Ltd.**

廣東真健康醫療科技開發股份有限公司

(A joint stock company incorporated in the People's Republic of China with limited liability)
(Stock Code: 2697)

DATE OF BOARD MEETING

The board (the “**Board**”) of directors (the “**Director(s)**”) of Guangdong True Health Medical Technology Development Co., Ltd. (the “**Company**”) hereby announces that a meeting of the Board will be held on Friday, 28 August 2026 for the purposes of, among other matters, considering and approving the interim results of the Company and its subsidiaries for the six months ended 30 June 2026 and its publication, and considering the payment of an interim dividend, if any.

By order of the Board
Guangdong True Health Medical Technology Development Co., Ltd.
Ms. Cheong Hou Iam
Chairperson, Executive Director and General Manager

Hong Kong, 18 August 2026

As at the date of this announcement, the executive Directors are Ms. Cheong Hou Iam, Ms. Chen Miaoping and Ms. Guo Jian; the non-executive Director is Ms. Mo Jinling; and the independent non-executive Directors are Dr. Liu Lianggang, Mr. Ng Kun Seng Chris and Mr. Ma Jianming.