BetterLife Holding Limited
百得利控股有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 6909)

NOTICE OF BOARD MEETING

The board (the "**Board**") of directors (the "**Directors**") of BetterLife Holding Limited (the "**Company**") hereby announces that a meeting of the Board will be held on Monday, August 31, 2026 for the purpose of, among other matters, (i) considering and approving the unaudited interim results of the Company and its subsidiaries for the six months ended June 30, 2026 and its publication; (ii) considering the recommendation of payment of an interim dividend (if any); and (iii) any other transactions and business.

By order of the Board
BetterLife Holding Limited
Chou Patrick Hsiao-Po
Chairman

Hong Kong, August 19, 2026

As at the date of this announcement, the executive Directors are Mr. Chou Patrick Hsiao-Po, Ms. Sun Jing and Ms. Li Dan; and the independent non-executive Directors are Mr. Liu Dengqing, Mr. Lou Sai Tong and Dr. Chu Fumin.

This announcement is available for viewing on the Company's website at www.blchina.com and the website of The Stock Exchange of Hong Kong Limited at www.hkexnews.hk.