HKEX
香港交易所

# Monthly Return for Equity Issuer and Hong Kong Depositary Receipts listed under Chapter 19B of the Exchange Listing Rules on Movements in Securities

**For the month ended:** 31 October 2026 Status: New Submission

To : Hong Kong Exchanges and Clearing Limited

Name of Issuer: Numans Health Food Holdings Company Limited (Incorporated in the Cayman Islands with limited liability)

Date Submitted: 05 November 2026

## I. Movements in Authorised / Registered Share Capital

| | | | | | | |
|---|---|---|---|---|---|---|
| 1. Class of shares | Ordinary shares | Type of shares | Not applicable | Listed on the Exchange (Note 1) | Yes | |
| Stock code (if listed) | 02530 | Description | Ordinary shares | | | |

| | Number of authorised/registered shares | Par value | | Authorised/registered share capital | |
|---|---|---|---|---|---|
| Balance at close of preceding month | 5,000,000,000 | HKD | 0.001 | HKD | 5,000,000 |
| Increase / decrease (-) | | | | HKD | |
| Balance at close of the month | 5,000,000,000 | HKD | 0.001 | HKD | 5,000,000 |

Total authorised/registered share capital at the end of the month: HKD 5,000,000

## II. Movements in Issued Shares and/or Treasury Shares and Public Float Sufficiency Confirmation

| | | | | | | |
|---|---|---|---|---|---|---|
| 1. Class of shares | Ordinary shares | Type of shares | Not applicable | Listed on the Exchange (Note 1) | Yes | |
| Stock code (if listed) | 02530 | Description | Ordinary shares | | | |

| | Number of issued shares (excluding treasury shares) | Number of treasury shares | Total number of issued shares |
|---|---|---|---|
| Balance at close of preceding month | 1,000,000,000 | 0 | 1,000,000,000 |
| Increase / decrease (-) | | | |
| Balance at close of the month | 1,000,000,000 | 0 | 1,000,000,000 |

**Public float sufficiency confirmation (Note 4)**

Pursuant to Main Board Rule 13.32D(1) or 19A.28D(1) / GEM Rule 17.37D(1) or 25.21D(1), we hereby confirm that, in relation to the class of shares as set out above, as at the close of the month:

- [x] the applicable public float requirement (see below) has been complied with
- [ ] the applicable public float requirement (see below) has not been complied with

The applicable minimum public float requirement for the class of shares as set out above pursuant to Main Board Rule 13.32B or 19A.28B / GEM Rule 17.37B or 25.21B (as the case may be) is:

| | |
|---|---|
| Applicable public float threshold | Initial Prescribed Threshold - 25% of the total number of issued shares in the class to which the listed shares belong (excluding treasury shares) |
| Additional information | |

## III. Details of Movements in Issued Shares and/or Treasury Shares

### (A). Share Options (under Share Option Schemes of the Issuer)

| 1. Class of shares | Ordinary shares | Type of shares | Not applicable | Listed on the Exchange (Note 1) | Yes | |
|---|---|---|---|---|---|---|
| Stock code (if listed) | 02530 | Description | | | | |

| Particulars of share option scheme | | Number of share options outstanding at close of preceding month | Movement during the month | | Number of share options outstanding at close of the month | Number of new shares issued during the month pursuant thereto (A1) | Number of treasury shares transferred out of treasury during the month pursuant thereto (A2) | Number of shares which may be issued or transferred out of treasury pursuant thereto as at close of the month | The total number of shares which may be issued or transferred out of treasury upon exercise of all share options to be granted under the scheme at close of the month |
|---|---|---|---|---|---|---|---|---|---|
| 1). | SHARE OPTION SCHEME adopted on 5 December 2024 | 0 | Granted | 0 | 0 | 0 | 0 | | 100,000,000 |
| | | | Exercised - new shares involved | 0 | | | | | |
| | | | Exercised - treasury shares involved | 0 | | | | | |
| | | | Cancelled | 0 | | | | | |
| | | | Lapsed | 0 | | | | | |

General Meeting approval date (if applicable) 05 December 2024

Increase in issued shares (excluding treasury shares): 0 Ordinary shares (AA1)

Decrease in treasury shares: 0 Ordinary shares (AA2)

Total funds raised during the month from exercise of options: HKD 0

| | |
|---|---|
| **(B). Warrants to Issue Shares of the Issuer** | Not applicable |

**(C). Convertibles (i.e. Convertible into Shares of the Issuer)** Not applicable

**(D). Any other Agreements or Arrangements to Issue Shares of the Issuer, including Options (other than Share Option Schemes)** Not applicable

**(E). Other Movements in Issued Shares and/or Treasury Shares** Not applicable

| | | |
|---|---|---|
| Total increase/ decrease (-) in issued shares (excluding treasury shares) during the month (i.e. Total of AA1 to EE1): | 0 | Ordinary shares |
| Total increase/ decrease (-) in treasury shares during the month (i.e. Total of AA2 to EE2): | 0 | Ordinary shares |

## IV. Information about Hong Kong Depositary Receipt (HDR)

Not applicable

**V. Confirmations** Not applicable

Submitted by: Cheng King Tong

Title: Company Secretary

(Director, Secretary or other Duly Authorised Officer)

Notes

1. The Exchange refers to The Stock Exchange of Hong Kong Limited.

2. In the case of repurchase of shares (shares repurchased and cancelled) and redemption of shares (shares redeemed and cancelled), "date of event" should be construed as "cancellation date".

   In the case of repurchase of shares (shares held as treasury shares), "date of event" should be construed as "date on which shares were repurchased and held by the issuer in treasury".

3. The information is required in the case of repurchase of shares (shares repurchased for cancellation but not yet cancelled) and redemption of shares (shares redeemed but not yet cancelled). Please state the number of shares repurchased or redeemed during the month or in preceding month(s) but pending cancellation as at close of the month as a negative number.

4. "Initial Prescribed Threshold", "Alternative Threshold" and "market value" have the meanings ascribed thereto under Main Board Rule 13.32A or 19A.28A / GEM Rule 17.37A or 25.21A. See also Main Board Rule 13.32D(4) or 19A.28D(4) / GEM Rule 17.37D(4) or 25.21D(4) on the basis of the public float disclosure.

5. Items (i) to (viii) are suggested forms of confirmation. The listed issuer may amend the item(s) that is/are not applicable to meet individual cases. Where the issuer has already made the relevant confirmations in a return published under Main Board Rule 13.25A / GEM Rule 17.27A in relation to the securities issued, or the treasury shares sold or transferred, no further confirmation is required to be made in this return.

6. "Identical" means in this context:

   - the securities are of the same nominal value with the same amount called up or paid up;
   - they are entitled to dividend/interest at the same rate and for the same period, so that at the next ensuing distribution, the dividend/interest payable per unit will amount to exactly the same sum (gross and net); and
   - they carry the same rights as to unrestricted transfer, attendance and voting at meetings and rank pari passu in all other respects.