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PERFECT MEDICAL HEALTH MANAGEMENT LIMITED
完美醫療健康管理有限公司

(Incorporated in the Cayman Islands with limited liability)

(Stock Code: 1830)

INSIDE INFORMATION
POSITIVE PROFIT ALERT

This announcement is made pursuant to Rule 13.09 of the Rules Governing the Listing of Securities on The Stock Exchange of Hong Kong Limited and the Inside Information Provisions (as defined under the Listing Rules) under Part XIVA of the Securities and Futures Ordinance (Chapter 571 of the Laws of Hong Kong).

The board (the "**Board**") of directors (the "**Directors**") of Perfect Medical Health Management Limited (the "**Company**") wishes to inform the shareholders of the Company and potential investors that, based on the preliminary assessment of the unaudited consolidated management accounts of the Company and its subsidiaries (the "**Group**") for the six months ended 30 September 2026 (the "**Period**"), the Group is expected to record profit attributable to shareholders of approximately HK$142 million to HK$147 million, representing a substantial increase of approximately 50% to 55% as compared with the corresponding period in 2025.

The expected significant increase in profit is mainly attributable to the following reasons:

- **Digital transformation unlocking cost efficiency and scalability** — Management has stepped up digitalisation and workflow streamlining across its operations. These initiatives are enhancing cost structure and operating leverage, creating a more scalable platform for sustainable growth.

- **Sharper operating leverage from a leaner, higher-productivity network** — The Group has continued to optimise its service mix and network footprint by integrating lower-productivity centres. This has strengthened overall operational efficiency and improved profitability, positioning the Group to deliver stronger returns as demand recovers.

- **Stabilising performance and improving momentum in overseas markets** — Operations in Australia, Singapore and Macau are showing progressive stabilisation, with improved profitability supported by disciplined network adjustments and the Group's light-asset model. This provides a solid base for further expansion as market conditions improve.

As the results for the Period have not been finalised, the information contained in this announcement is based on a preliminary assessment by the Board based on information currently available including the unaudited consolidated management accounts of the Group for the Period, which have not been confirmed, reviewed or audited by the auditors of the Company.

The Board wishes to remind shareholders and potential investors that the above information is based on the unaudited management accounts of the Group which have not been reviewed or audited by the auditors of the Company. Performance during the Period is affected by a series of factors; therefore, the operational information for the Period may not necessarily reflect the overall performance of a complete reporting period.

Shareholders and potential investors of the Company are cautioned not to unduly rely on such data and are advised to exercise caution when dealing in the shares of the Company.

By order of the Board
Perfect Medical Health Management Limited
So Hin Lung
Executive Director and Company Secretary

Hong Kong, 9 November 2026

As at the date of this announcement, the Board comprises Dr. Au-Yeung Kong, Ms. Au-Yeung Wai, Ms. Au-Yeung Hung and Mr. So Hin Lung as executive Directors and Ms. Hsu Wai Man, Helen, Ms. Cho Yi Ping and Mr. Chuk Sai Cheong Simon as independent non-executive Directors.